



7 Secrets to Having a “Naked” Marriage

Doug Addison with Christian and Lynessha Johnson [Episode 21]

July 19, 2017

Hey everybody, welcome to another Spirit Connection Podcast. You know, I have been teaching people for a long time how to hear the voice of God, how to understand the supernatural and interact in different ways through dreams and visions and things like that and also how to discover your destiny. So, when you put those all together, it really comes back down to one thing and that is relationships. You know, having a relationship with the Lord and having a relationship with other people. I have gone through some massive healing over the last few months and I have been afflicted. Many people know that I have gone through an affliction. People ask me what I did, what doctor did I go to, what vitamins did I take, what essential oils did I use. When it comes back down to it, the healing really came with love. It was loving God, it was loving other people and loving ourselves that really will get a breakthrough in your life.

Well, I have some special guests on the podcast today—a couple who we got in touch with a while back and they have a ministry. The ministry is Higher Level Marriage and they specialize in this. Christian and Lyneesha Johnson. Now, you are going to want to check them out, because they have a ministry for marriages. They have been married for 10 years themselves and they are extremely passionate about mentoring those who are currently married or not married. Actually, you can all qualify. They have written two books. Check this out. For one of the books, that is how we got in touch—they used my *Write Your Book Now* webinar to write their first book. We actually had a blog about them last year, because I like featuring people who take the stuff and run with it and that is what they are doing.

Doug: Okay. Well, hey, welcome to the podcast.

Christian: Thank you.

Lyneesha: Thank you.

Doug: Tell us a little bit about yourselves.

Christian: Well, we love marriage. We actually met in high school and at that point in time it was unique, because we felt even during our courting process that the Lord had something greater for us than us just being together. Doug, you talk a lot about dreams and my wife is an amazing and awesome dreamer. As a matter of fact, that is what the Lord used for her to catch me.

Doug: Ha, ha, ha, ha.

Christian: So, from there, we really sensed that there were younger couples who seemed to be attracted to us. At that point in time, we were leading youth ministry in our local church and we saw that the relationship aspect toward the youth ministry—there was something there as well. So, as we began to just press in and just hear from God, we really realized that our life was a ministry pertaining to marriages and that we wanted to coach them to help them in times of trouble, but also with preventative measures as well. Baby?

Lyneesha: Yes, and we really try to focus on purpose. Even when we had the youth ministry in our church and in our home, it always circled back around to helping others find and understand their purpose and actually begin to walk in that purpose. Even in our marriage coaching and things, we still kind of use that as the foundation to help the couples understand that God brought them together for a purpose and that purpose is what is going to hold them together for the long run.

Christian: That is good.

Doug: Yes. So, what prompted you guys to start a marriage ministry?

Christian: Well, the Holy Spirit. No, really. I mean, we had been praying and seeing what it is pertaining to purpose, even for our own selves. We service others in our local assembly but realized too that there was a call, you know, outside the four walls of the local assembly to go ahead and to reach and mentor couples. So really Holy Spirit began to speak. At that point in time I was doing some life coaching and my wife [speaking to her] you came from what was it, a conference, from Texas and you felt the Lord was speaking to you about not just me doing life coaching but us walking together. From that point in time, we prayed and pressed in. At that point in time, it was called Purpose Filled Life Ministries. That is when we began to help mentor and encourage and love on marriages.

Doug: Wow. Wow! That is powerful. So how long ago was that?

Lyneesha: We started the ministry in 2015 officially. Like, we became a 501(c)(3) nonprofit organization, but long before that we kind of just did things as the Spirit led. We would hold seminars at our church and different things like

that, invite couples into our home and just be mentors to them without actually having the title or the organization itself.

Doug: Yes. You know, that is so important because, see, you are living it. So, when you are living this stuff, then ministry flows out because you are ministering. I tell people all the time, “You really, you know, you do not have to start a ministry necessarily if you are ministering,” and you guys are such an example of that because you are a ministry. You are having people in your home, you are coaching people, you are helping them. Now, are there is any particular groups that you specialize in?

Lyneesha: Well, we find for the most part that the millennial age group or generation, you can say, is the group that is attracted to us. So, we have a heart for those who are around our age or a little bit younger than us, because I know where we are from marriage is not really held very high. A lot of people, you know, start families and different things, but they do not go into actually committing to one another under God in a marriage unit. So, it was just very important for us to bring that back to light and show that even being young and married is a blessed thing and you do not have to wait until you are, you know, 40 or 50 years old to settle down and get married. So, the younger generation is more of our focus, although we find that we even mentor and coach couples who have been married for 20 or 30 or 40 years. They come to our conferences and our seminars and they have, you know, given testimony of being blessed by the ministry as well.

Doug: Wow! So, yes, tell us a little bit more about the types of workshops or seminars you do.

Christian: Well, I am super excited about it. What we have is the T.O.U.C.H. M.E. marriage conference, which is going to be held in February in Exton, PA. That came from our second book, for which we actually still used your template from *How to Write A Book Now* to do our second book. The Lord gave us an acronym pertaining to T.O.U.C.H. M.E. and having seven secrets to having a naked marriage. So T.O.U.C.H. M.E. is an acronym that we use, which is Transparency, Openness, Unashamed, Communication, Honesty, Monogamy and Engaged. So, it is through that that we felt led to do a conference to help couples to have a naked marriage. In Genesis, it speaks about that—“They were both naked and unashamed”—and we felt like that is what God wants. He wants us to be unashamed pertaining to our marriage, to be 100 percent who He created us to be, to complement each other—not to compete, but also to walk together in this thing and just to hear our God-given purpose and just to support and love each other as we move forward.

Doug: Wow! That is powerful. I love that acronym. That is a lot. I mean, there is some meat in that. How did you come up with that?

Christian: Well, it was one day. I believe at that point in time, I was in our prayer room and I just wanted to understand what God had to say about marriage in the scriptures and I could not get past Genesis. As I went into that scripture I immediately went and talked to Lyneesha and said, “Babe, there is something here in this passage.” I got the acronym T.O.U.C.H. M.E. through the scriptures of seeing those different areas and we use it as our premarital coaching material now to go ahead and help. But Holy Spirit dropped it into my spirit and Lyneesha agreed and we moved forward with it.

Doug: Wow. That was really powerful. So, it sounds like you guys birthed this out of nothing. So, what did that look like?

Lyneesha: We had been praying for a while about where God was taking us and what He wanted to do through us pertaining to the marriage ministry. For a long time, we felt we would eventually be in full-time ministry and we were not really sure what it would look like at first. But God began to show us that this marriage ministry was where He wanted to take us during this season. So we prayed and we believed that God was moving us into a full-time ministry, meaning we were to leave our full-time jobs. I had come home almost a year earlier than Christian had come home. I was just home. I homeschooled our children and so I was doing that and kind of working in ministry. When we had prayed and, you know, God showed us the time that Christian was also to leave his job, a few weeks before his end date I got really sick. Years back in 2010 I was diagnosed with lupus. For the most part, I have not struggled a lot with it. I have had, you know, setbacks here and there, but nothing really major. However, at this particular time, right before he was resigning from his job, I ended up in the hospital because my platelets had fallen to I believe it was 12,000. At the time, I really did not know what that meant until the doctors explained that they should be at least, I believe, 150,000 to 400,000, or somewhere along those lines.

Doug: Wow!

Lyneesha: Mine were only at 12,000, which could have caused spontaneous bleeding or anything. So, I was in the hospital for about five days. At first, I was really scared, you know, but then God began to show me that this was all a part of the process. Our faith was being tested, because were we going to trust God even in the midst of this situation—you know, him leaving his job with all the health benefits and everything that came along with that. It was almost like for a moment we considered, “Hey, you know, maybe you should stay at work. Maybe we might need that, you know, that safety net.” God began to show us, even while we were in the hospital and I was going through transfusions and things ... I felt at peace. I shared with Christian. I was like, “Even before I get out of here, I need to share this story.” So, I wrote a newsletter to our followers, our email list, and just began to share

what God was showing us and that this indeed was what we were called to do. So it just kind of launched from there and we have been having to trust God every step, every day.

Christian: Yes. Yes.

Lyneesha: Every week, you know, trust God that His provision will not fail us and that we are doing what it is that He called us to do.

Doug: Yes. That is powerful. You know, I am feeling the Spirit move right now and I do not want to wait on this because there is just an open heaven right now. There are a couple of different things. Now you guys have a marriage ministry, but now you are talking about like you started a ministry and you have gotten healing in your life. Lyneesha, would you mind just praying really quick to release that over people who are maybe struggling with their health or struggling with getting things started?

Lyneesha: Absolutely. Lord, we just thank You for this time. We pray right now in the Name of Jesus for those, Lord God, who may be struggling with health issues, God, and any blockage that may be stopping someone from moving forward in what You have called them to do, God. We pray right now, in Jesus' Name, that they be released, Oh God—that they would be healed, Lord God, from the top of their head to the bottoms of their feet. We thank you, Lord God, that You can do it all, Lord God. There is nothing that is too hard for you, God, so we are thanking You right now for breakthrough. We thank You for the breaker anointing, Lord God—that You have set free, Lord God, and we are asking You right now, Father, to touch, Lord God, even the listeners on today. Father, that You would give them what they need, Lord God, that You would propel them into their future, Lord God, into their purpose—that they would walk confidently into what You have called them to do and they will have no fear. They will not doubt, Lord God. We thank You for the provision being made—whatever medical attention is needed, Lord God, whatever finances are needed. We thank You right now, Lord God, for opening up the windows of Heaven, Lord God, and pouring out blessing upon them, Lord God—upon their marriages, their families, their homes, their ministries, whatever it is, their businesses, Father. We thank You for doing it right now, in Jesus' Name.

Christian: Yes. Amen.

Doug: Wow! Well, I wanted to hit this while it was hot in the spirit because, you know, when you said that—when you guys, you know, took this big step of faith. I do not know if people realize ... I do not know; did you have kids at that time?

Christian/Lyneesha: Yes.

Doug: Yes. So, I mean, this is a huge step of faith. There was just this draft in the spirit, like a door open in the spirit, and I wanted to take advantage of that and release that out to people, because there are people out there who are listening right now who are called to do something and this is a season. It really is a season of stepping out and doing new things.

Christian: So, I just want to take this time to encourage the listeners. That was a difficult time that we had faced, but we found out though, when Lyneesha and I come into agreement and we invite God in, that He does it every single time. So, it is like I am hearing the word “leap” or even “jump” into your God-given destiny, because He is not going to fail you. So, there are times when it might be rough, but you can have the power of agreement and come together and pray and invite the Holy Spirit in and then just watch Him work. We have seen Him work in healing my wife’s body, taking care of our financial situations—from the car we drive, to our mortgage, to just God placing our names on the hearts and minds of man to help meet our needs. So, it might seem, you know, a little uncomfortable, but that is okay. As long as you have the peace and the power, we encourage you just to go ahead and walk into what God is calling you to walk into. It is going to be filled with joy and excitement and purpose and people need to eat off of your tree that God is calling you to go ahead and move forward into.

Doug: Yes. That is so powerful. Thank you so much. Well, let’s get back to the marriage side. Now, you minister to people in marriages. Is there anything that you wish you would have known—like something you know now you wish you would have known before you got married or in your early days?

Christian: I would say the level of transparency, because we lead with a lot of transparency. So I think when it was coming to getting married it was, you know, some words of wisdom, some words of fear that people would say. But I wish that, you know, just that people live that life of more transparency of what they went through to get to where they needed to go. So, I guess that story behind that, you know, of what it really takes to be married—the commitment, the agape love that is not predicated upon our feelings, but our choice to love and to stay in love. You know, it is those things that we learn later that I wish we would have known beforehand.

Doug: Yes. Yes. The transparency. There is something powerful in that. I think my wife and I—we would probably say that that would be something we wish we would have understood, too. You know, being transparent like you are with God, you can be with each other.

Christian: Yes. That is good.

Doug: Did you want to talk about love or is there something else that you wanted to share?

Lyneesha: I do not know. I guess even through the marriage ministry, we found that the couples that we have gotten to sit down with one-on-one—they are believers, but they are not really. They have kind of been turned off from church and for whatever reason they feel comfortable with us. So we have taken that opportunity to not only help prepare them for marriage, but we have also kind of brought them back to that spiritual life that is necessary for their marriage to thrive. So we have kind of had the opportunity to reintroduce a personal relationship to them.

Christian: Yes.

Lyneesha: I mean, what that looks like and what that means, not only for them as individuals, but for them as couples. So, we kind of go from in the church to outside the church, which is awesome for us because we know that most ministry happens outside of the church. That is why, like, we do not even meet with couples in the church anymore. We just want them to feel comfortable and feel open, so we meet with them in a coffee shop or something like that.

Doug: Wow! That is so good. You probably have heard my message, but so much of my message is to really just do everything in love, and as you do that everything is going to flow together. I cannot help feeling the love from the two of you in your ministry. Has God spoken to you anything specifically about love?

Christian: Yes. Today actually as I was in the shower, where the Lord seems to speak to me, I felt like He was saying to me that a life of love is a pleasing aroma to God. So, I dug into Ephesians 5:2 that speaks of that very thing and we have come to the conclusion that it is the love of Christ that we are supposed to leave as a legacy, even to our children's children. So even when we coach, it is about exuding the love of God into their marriage and understanding, you know, 1 Corinthians 13. I like The Message translation. It really, really is powerful to us. It is talking about, you know, never giving up and caring for others more than yourself. You know, you do not have to strive and you do not have to do this, but you have to just, you know ... love never looks back. It keeps going and I think there are times when even in marriage and our relationship when you feel like, you know, maybe you wanted to give up or that it got rough, but love sticks in there and it never ends. So, love has been what we have tried to live out as an example and, like I said before pertaining to that mindset of us, not just because of the way that we feel, but the decision to go ahead and just experience the power and the love just to overwhelm and consume our marriage and our relationships.

Lyneesha: Yes. I believe that too. It is something that we must lead with daily. We have to make the choice when we wake up to love—to choose love—and not just in our marriages, but with the people that we come in contact with

every day, whether it be on our jobs or in our businesses, in ministry, our neighbors ... whomever we might come in contact with. Somebody might ride the subway every day and they have to choose to love. What that looks like according to 1 Corinthians 13 is not being judgmental towards people because of the way they may look or what you might think about them, but choosing to love them because they are God's creation and God has called us to love and to not judge. So, we try to even do that in our marriage and in our ministry when we sit down with a couple. They may have, you know, a really difficult situation going on. It is not our job to judge why they are in that place, but it is our job to coach them out of that situation and to show them that the love of Christ is going to carry them through. So, love just—it covers a multitude of sins, just as the Bible says. It covers everything and it lifts us up and that is why we encourage those that we mentor and coach to choose to love every day.

Christian: Choose love and even choosing joy as well. I was just thinking about that. Our pastor just finished talking about ... he has been preaching a series on joy and I was thinking about that as well—joy and love, and how those two, even in a marriage relationship ... how you choose them. You know, sometimes we wait for the feeling or we feel this or feel that—but that choice to go ahead and make it and to have our mind made up and just have it fixed on Christ. I just have been looking at that as like one coin with two sides, with that love and that joy, and that He wants to give it to us. He wants to give it to your relationship. He wants to give it to, you know, your marriage. He wants to give it to you, like you said, in your workplace, wherever it may be—that that joy and that love overwhelm you and that you can just take it in and also give it out to others who are around you. So just walk in love and just experience that greatness that comes from God.

Doug: Yes. I love that. Now, what you heard was, “A life of love is a fragrance of God.” Was that it?

Christian: Yes.

Doug: Wow! That is powerful. Now, see that is a fresh word from God. Fresh as it is in the shower, too. How good is that? I hear the Lord. I tell people, you know, I hear the Lord in the shower. I would take five showers a day if I had to, you know? I am the cleanest prophet around, you know? Whatever it takes to hear the Lord. But that is so, so powerful. Now, let's just kind of shift gears and go to this thing. What kind of advice would you give to people who are not married?

Lyneesha: We would say first, just understanding your purpose in who you have been called to be and walking in the confidence of having your identity in Christ. Knowing who it is that He has created you to be, what He has purposed you to do and working on yourself. Not so much focusing on trying to find your mate, but focusing on God and what He wants you to do. In due

season, that mate will come and you will be ready because you focused on Him. So that is pretty much what I would say.

Christian: Yes, and I think when you start courting or dating, having that mindset of, we like to say, “friend first”—because actually I married my best friend. So, you know, the romance aspect sometimes that comes and goes but, you know, having a friend—somebody who you can talk to and pray with and be there and who have understanding who we are, like you said, our identity in Christ but also, you know, what we are called to do and seeing how that complements. This is your life mate. I always talk about how marriage is the thing that you do every single day. You know, being a parent you do, but they will grow up and hopefully leave the house. But you will still be married, so as you are there, it is important to know who you are, who you are marrying and have that friendship and that relationship that you are continuing to grow together. Sometimes we just like to jump into, you know, certain areas, but I believe that that friendship with that foundation and inviting Christ in is crucial pertaining to that.

Doug: Yes, for sure. Wow! How about people who are struggling in marriage? What would you say to them?

Lyneesha: I would say even ... we talked about transparency earlier. And having transparency with your spouse is important and sharing your heart and your mind and the things you are going through, but sometimes we understand that couples may get to a point where they are not hearing one another and they do not have the opportunity to share their hearts with one another. So, when you get to a point where you feel stuck, then be willing to share with someone who you trust that has “good fruit,” as we like to say, as far as their marriage is concerned. You might know someone who has a great marriage or a healthy marriage. Pray and ask God to give you that person or that couple who can help you through that process. Do not try to do it alone.

Christian: Sure.

Lyneesha: Sometimes we believe that a lot of marriages end because they did not take the time to get help and see what could be resolved, or if there was an opportunity to resolve the marriage situation. So, get help. You know, sometimes it takes a lot of humility. You have to humble yourself and say, “Hey, we need help outside of what we are doing here,” and allow God to work those things out in your marriage.

Christian: Yes, and communication is huge. You know, Lyneesha and I try to talk daily pertaining to it. So, when it is difficult, we even have a time when we would agree that if Lyneesha needs to vent or share, you know, some frustrations or some concerns, then I am at a place to listen to what she has to say and not judge, you know, what she feels, but to receive it and

then ask the question, “What do I need to do to change?” because it is Team Johnson. We are on the same team, so as we move together and I hear what she is saying, then I am able to pray and hear God and have Him work on me and then she does the same thing. When I share some frustrations, she sits there and just says, “Okay, well what do you need me to do?” Those have been some of the most liberating words even in our marriage to find out that, you know, we do not want to hold on to offense, but we are on the same team and we need to go higher—hence Higher Level Marriage—higher together and move forward. So just be able to communicate and to allow your spouse to share their heart and their concern without defending yourselves and then coming, you know, to agreement praying together, seeing what it is that—Doug, you always say—“Show me what the enemy does not want me to see.” Be able to see that and move forward and come together and go to that higher level.

Doug: Wow! That is so powerful. Well, we have been talking to Christian and Lyneesha Johnson with Higher Level Marriage. Tell us about the books you wrote.

Lyneesha: Well, the first book we wrote, which we started from taking your course on *How to Write a Book Now*, is called *I Speak Life*. So, it is seven days of Bible-based declarations for your marriage. So, we have a scripture and a declaration that you will repeat daily. You fill in your name, you fill in your spouse’s name, and that is just something to decree and declare over your marriage on a daily basis, speaking life into your marriage. So, it is really short—something you can carry around with you, keep in your desk at work, things like that. Then the other one is called *T.O.U.C.H. M.E.: 7 Secrets to Having a Naked Marriage*, and that one is just basically based on the acronym T.O.U.C.H. M.E. and it walks you through over time. I do not think we really realized it when we first started writing the book, but it is all about communication, different aspects of communication. That is the core of a healthy marriage—being able to communicate and talk with one another and trust one another with your feelings. So, in this book we share our life, we share things that we have gone through and what has helped us in our marriage and that is what it is all about—us being transparent so that our readers can learn and grow from the experiences we have gone through.

Christian: Yes, and the thing I love about the books that we wrote is that we always by Holy Spirit and ... as a matter of fact, in the *T.O.U.C.H. M.E.* book there is a segment that just says, “What is Holy Spirit saying to you?” So, our hearts and minds are to put you back in relationship and communication with your heavenly Father to find out what it is that He is saying in that moment so we can have a plan of action so you can go ahead and move forward. So even if you are speaking life, we want to speak life over our marriages. Life and death is in the power of our tongue, so let’s speak life

and speak encouragement, speak romance and passion and attractiveness, and then also go ahead and have that naked marriage to be able to move forward and be totally 100 percent you and move forward together.

Doug: Wow! You guys have some power in that. Well, why don't you just release that over us?

Christian: Well, Father, we thank You right now for power and release the anointing pertaining to the marriages. We speak transparency and we thank You for life. We speak, you know, that marriages are being put back together. We thank You that there is joy and that there is love and that there is peace, God. We thank You, God, that You are doing great things. We thank You for us choosing joy and speaking joy—that we are able to have like an eye of an owl. An owl looks through darkness to see things and so we look through the darkness and we see light and we see health and we speak, you know, we speak power and that we have a sound mind and that we are coming against the spirit of offence and competitiveness, but that we complete each other and that we are able to move forward with the Sovereign's mind—just to give you all glory and honor out of everything that we do. So, we love You, God, and we just speak just Your authority—that You reign, that You reign supreme and that You are just so powerful and mighty and that You love us. You want us to not only survive, You want us to thrive in our marriages and our relationships and we speak that over our marriages as well.

Lyneesha: Yes, God. We just pray, Lord God, for unity and agreement in the marriages. We pray that husband and wife would be willing to humble themselves and put one another first and that they would just continue to submit to one another, just as Your Word tells us to, Father—that we would learn to put You first in our relationship and see what Your Word says, Lord God, before we move forward. So, we are just praying for that unity and that agreement to grow and to flourish in the marriages, Lord God, of those who are even listening today, Father. We thank you, Lord God, for blessed marriages, God—marriages that will last a lifetime, Lord God, as You planned and saw fit for them to, Father. We pray, Lord God, for the children who grow up in the homes of these marriages—that they would see love, Lord God, that they would see the walking, living example of what love means and what it looks like, Father. So, we thank You right now for doing this, Lord God. We thank You for mending broken hearts. We thank You, Lord God, for restoring the trust, Lord God, in marriages, for restoring faith in the marriage, Lord God. We thank You for restoring, Lord God, that unity, Father—being of one accord. We just speak right now, Father, that You would touch, Lord God, the marriages that seem to be struggling right now. We believe, Lord God, that that is a tactic of the enemy and he has no power, Lord God, especially over Your children. So

we are praying right now that You will cover their marriages, Lord God, and bring them back together again, Lord God. Bring in the help that they need, Father, for this time, Lord God, to get them through this difficult season. We thank You for the marriages that are doing well, Lord God—the healthy marriages. We pray that You continue to bless them that they will not get lax, Lord God, but that they will continue to put forth the effort to make their marriages great, Lord God. So, we just thank You for all that You are doing, Lord God, in the homes of each one, Lord God, who is listening today and we ask these things in Jesus' Name. Amen.

Christian: Amen.

Doug: Amen. Wow! It is Christian and Lyneesha Johnson, higherlevelmarriage.com. Is that correct?

Lyneesha: Yes.

Doug: Tell us a little bit about how to get in touch with you, about your seminars, and your podcasts.

Lyneesha: Well, you can find out more about the seminars and things that we have coming up this year on our website, higherlevelmarriage.com. We can also be found on Instagram at higherlevelmarriage. You can email us through our website or you can contact us directly by email at admin@higherlevelmarriage.com. Our podcast is available on iTunes, as well as Google Play Music, and you can subscribe so that you get those weekly.

Doug: What is the name of the podcast?

Lyneesha: Marriage Matters.

Doug: Yes. This is so powerful. You know, you guys are forerunners. You are doing something. You are rebirthing something that was lost somewhere, you know, bringing transparency back and just really talking openly about it in a time right now when marriage is under attack. I tell you, I am just seeing you guys ... you are like a lighthouse out there right now and especially ministering to the millennials. That is a group, if people do not know, that is 20s and 30s basically. But it is a group that is the toughest to reach and the fact that you do it in love and you reach out to people and bring it everywhere you go. I tell you, I am so proud of you. Thank you for using my material to write a book, because that makes me feel like a grandparent or something. I do not know. I am a grandpa anyway. Yes, so I am so excited. I just want to say thanks for joining us. Thank you, Christian and Lyneesha.

Lyneesha: Thank you so much. This was such a blessed opportunity for us.

Christian: Yes.

Lyneesha: We have been following your ministry for quite some time and it has just been an honor for you to have us here today.

Doug: Yes. Wow! Thank you so much. So, you guys reach out to them, get their books, get their stuff, check them out, follow them online. Also, if you are interested in writing a book, *Write a Book Quickly* is the name of my short book or *Write Your Book Now* is a guide that they used just to walk through completely writing your book. All right. God bless you guys. See you next time.