

## Getting a New Strategy from God for Healing and Financial Breakthrough

## Doug Addison [Episode 34]

## November 15, 2017

Hey, everybody. Doug Addison. Welcome to another *Spirit Connection Podcast*. Do you need a breakthrough in your life? Maybe it is in the area of health, finances, relationships, or whatever. Well, I want to share some things with you that God has given me, some strategies that you can apply to your life today and actually see some results.

So many people are suffering today, and they need a breakthrough. They need to break through discouragement, need to break through the things that have been coming against us. It is almost like there is a spirit of death ... a spiritual spirit of death ... not necessarily physical. But it is like ... wow ... things are seeming to not flow as they once did, or maybe not flow like you want or expect, or maybe God is moving in your life. You might want to call someone who needs this encouragement. But, I tell you, there is something flowing from Heaven right now. And I'm very excited, and I want to share it with you.

Let's pray: God, I pray in Jesus' Name, You open up the heavens right now. I pray for each person that needs a breakthrough, you need a strategy. Father, I pray that You would release right now from Heaven—on Earth as it is in Heaven—the financial strategy, the healing strategy, the relationship strategy, whatever it is that each person needs. You know what it is, Lord. I pray that You would bring it. Amen.

Well, you know, heart disease is actually the leading cause of death in the United States. Wow ... a lot actually, according to the CDC. It is really interesting that Jesus said this:

"... men's hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of the heavens will be shaken." Luke 21:26 NKJV

Jesus tells us that there is a time of shaking coming on the Earth, and fear will cause hearts to fail. I want to tell you, folks, we are in a time of shaking. We are seeing the weather patterns, we are seeing storms and fires and floods and earthquakes. We are seeing violent outbreaks. We are seeing all kinds of things. There is a shaking going on right now, and it is causing people to fear and—according to Jesus—that can actually lead to affecting your health.

Now, what I've discovered as well, is that spiritual things have a root that can affect your body, soul, and your spirit. So, it can affect all areas of your life, and fear is one of the things that can cause turmoil. You know, Jesus says, "Do not fear." "Do not be afraid." This is why we talk about these things. Many people actually get afraid just me talking about it. I want to see if we can break this off.

The words "do not fear" actually are mentioned 365 times in the Bible. That's one for every day.

For God has not given us a spirit of fear; but of power and of love and of a sound mind. 2 Timothy 1:7 NKJV

Boy, is that opposite! Power and love is opposite than the spirit of fear. Now, fear is not just an emotion. Fear is a spirit, and it can affect everything, and it can turn you upside down. I just want to tell you right now, there are reasons to be hopeful. God has given you everything you need. We have God's love. We have the power of the Holy Spirit. Wow! We have the power that raised Jesus from the dead residing in us. He has gifted us with gifts. He has surrounded us by people. We have resources. We have all the things we need to get a breakthrough.

The enemy is over-attacking people because we are about to step into one of the most major revivals in history. I believe it is not judgment ... what we are seeing on the earth with the storms and shakings. I believe it is the enemy trying to get fear and causing our hearts to fail, whether it is physical or a broken heart. That'll do it as well. I found out in my life that the source of my sicknesses that I was going through actually went back to a broken heart.

You know ... I pushed through a lot in my life. I am not sure if you have heard my story or not, but I came out of the occult and got off of drugs. I was actually a meth addict years ago. I had come to the Lord early in my life but fell away, and I had everything stacked against me, and I finally had a breakthrough.

In 1988. I had a major breakthrough in my life, and the Lord restored me. I came out of bankruptcy. I came out of all the things that the enemy had placed against me, and I was moving forward in my destiny. I met my wife, that I am married to now for over 22 years. We came together in the mid-1990s, and God began to speak to us to start churches that would actually help people who have been wounded and pushed away by churches. So, we started out doing it.

Why I am telling you this is because I came out of a time when I was hopeless into a time of great hope. But then in 1998, after having all these breakthroughs, and planting our first church, and seeing success in the ministry—suddenly tragedy hit. My mom, my aunt, my two uncles and my first cousin all died that year. In 1999—they all died of a strange and unknown disease, Huntington's disease. It just hit us. I mean, we had this massive amount of loss. That year actually there were two more deaths. But Huntington's disease is like Parkinson's on steroids. It is quite rare. It is a genetic disease that will affect you, and if you do not have it in your family you never will. If your parents do not have it, even if theirs did, it will be cut off totally.

So, what happened is that my grandmother's father had Huntington's disease. It got passed down. There is supposed to be a 50/50 chance. It hit 90 percent of my mom's family. It hit 100 percent of mine, of my family with my siblings.

I just want to say something: This is the attack of the enemy. Wherever God wants to bless, the enemy will try to bring you down. I want to give you encouragement right now, that if you are experiencing anything in your life—If you are seeing a resistance in your life; if you are seeing debt, sickness; if you are seeing relationship breakups; if you are seeing anything that is unclear—I have good news for you. It is because God wants to bless you. And why would the enemy work overtime unless there is a reason for that? That was the case in my family.

Now, when my mom ... She was a woman of faith. My mom and my aunt were two of the most amazing women of faith that I knew. So, when I saw them standing on their strong faith—dying without being healed, dying a terrible death—it was traumatic. It took me for a loop because I had been praying for people. I was a pastor. I was a Vineyard pastor. We were seeing healings.

You know ... I mean ... We were part of John Wimber meetings back in the 80s and 90s, seeing things happen. And yet here I was, faced with seeing the most faith-filled women I know die before me a tragic death. But I want to tell you, this traumatic time was going to be used by God because, whatever is intended for evil, God will indeed use it for good, my friends.

Now, this was traumatic for me as well because, later on, I was actually diagnosed with Huntington's disease in 2001. Now, again, it is similar to ALS and Parkinson's. There is no cure. There are no successful treatments. Also, you know, I needed a strategy in my family to get through this because I found out later that my oldest sister—she is now in Heaven, my brother is in Heaven—and my next sister, she is now under medication and she is overcoming. The Lord is doing a lot of work in her life. It is a miracle.

I want to say that we have stood on faith, but yet we saw so many people ... there were over 12 members who have been taken, and I was in a very early stage when I was 42 years old. I was on some antidepressants, and I was just very early ... I mean ... It is something that, once it hits you, it is very difficult for people, especially for those caregivers. And I was a caregiver for my sister. It is just really difficult. That is all I am saying.

I was working through ... back when I was 42 ... working through this. And Huntington's had taken nearly my entire family: my mom, my brother, my sister, my two aunts, my two uncles, my aunt, and over a dozen others. I am just saying ... When you have that level of death facing you, this is the time to press into the Lord.

I just want to share with you a little bit about my journey. My wife and I, we have been believers, you know, for a lot of our adult lives. But I just want to say that we pressed in during that time for my healing. And I started to press into God until I saw a result because my mom and my aunt were very strong Word of Faith.

Now I am not putting it down at all. In fact, I was raised around that environment of the Word of Faith which says that, you know ... you stand, get prayer, stand on faith, you are healed. We need the word of faith in our life, but I watched the most faith-filled people die. They got prayer, they stood on the prayer of faith. But yet they died, and I knew when I was faced with it that I needed to do something more than just stand on faith.

Now, do not get me wrong. I was standing on faith. In fact, people would line up and argue with me, "We are healed ... just claim it in the Name of Jesus." And do you know what? That may work for some things, but if you are not getting a result, then you need to press in to something more. In my opinion, that is a limited understanding about the relationship with faith and healing.

Now ... You can be healed by the word of faith. I have been. My goodness. The word of faith is in the Bible. It is the Lord, where you believe that you are healed. You create a healing environment. You create this place where you trust the Lord, and you watch and see and act as He gives you instructions to do this.

Now ... This is something that I want to talk about a little bit because we need a supernatural healing right now. Now, I am talking about healing. This applies to your finances, your relationships, and anything else in your life. Watch this. I am going to unfold it a little bit.

We want to stand on declaring Bible verses and promises over your life. You need to do that. No matter where you are, no matter what your situation is, you need to stand on the word of faith.

We also need to get words of knowledge or prophetic revelation. God will give us revelation into a situation, or even a solution, if we reach out.

There are also moments where God's glory or presence comes. It is like God can sovereignly come and heal you. So, I have been in meetings. I have also prayed for people where we had to stand on the word of faith. And there were other times when we get a word of knowledge for healing, and you will see a healing. And there were other times where God's glory and His

manifest presence would come in the room or be at a meeting. So, we want to be aware of these things because they really do matter. You need to learn to respond when God is moving.

You know, I have actually prayed for people and seen many healings in my meetings. And then I give out words of knowledge for healing, and then they come up to me in the parking lot ... like ... "Wow! Do you know what? You missed it. The manifest presence is no longer here. Now, I can pray the word of faith over you, but you missed the manifest presence of God because of fear or whatever." I just want to say, get ready. When God begins to move, you want to be ready.

The Greek word *dunamis power* means dynamite or dynamic. It is used 120 times. The dunamis power, the power of the Lord, comes. So, when we see that power, we want to jump in the stream. We want to jump in the river. And if it is not there, we want to stand on the word of faith. And even if that is not working for you, then ask the Lord to give you a word of knowledge or a prophetic word on what to do next.

Let's look at the spiritual root to disease. Diseases have a root in spiritual things. Jesus says it.

"The thief comes only to steal and kill and destroy; (but) I have come that they may have life, and have it to the fullest." John 10:10 NIV

Sickness comes from Satan, and health and wholeness comes from God. It sounds simple, right? Well, you would be surprised. Christians ... Many people get strongholds in their life, or ungodly beliefs and values, that begin to open up the attacks of the enemy. 2 Corinthians 10:4 will show you that, but I want to say this: People start thinking that God is bringing sickness. That is not true.

There is no sickness in God. God does not bring diseases on you. It is the enemy of your soul. It is Satan. Now, God can use those things in your life, but they are not from Him. Some people say, "How can a loving God bring cancer on a little child?" He didn't. It was Satan. It was the thief that came and disguised himself as God. See, we have a limited understanding in the Word of God, and we need to understand these things.

Now, there are some common strongholds. Strongholds are like bunkers. They are like these things that you can have in your life, and even though you are a faith-filled Christian, you can get these things like unbelief or something that comes that can cause the enemy to get access to you. It could be your own actions, generational curses that are the sins that the people went through before you—through your ancestors in your blood line. It can also be Satan just violating and trying to get into your system to attack you.

Unbelief is what caused Jesus to not be able to do miracles. So, it is not so much standing on faith. That is true, but what you want to really work on is to get rid of unbelief. Jesus could not do miracles in a town where there was unbelief.

Also, you can get a stronghold of fear and anxiety. We talked about the spirit of fear. It can change your physiology. Yes, it can. Also anger, rage, bitterness, unforgiveness is a big one, self-hatred, low self-esteem, the spirit of suicide or murder ... These things can become strongholds and give the enemy access to your health, to your finances, and to your relationships.

Now, we let these things in and not realize it. I have been guilty of it. In fact, I have had to work through some of these things and develop what I call a healing strategy. It might go against what most people think. You know ... because we stand on the word of faith or we pray in the Name of Jesus. Don't get me wrong. I do all that. But here is what I noticed when I was very sick.

I had Huntington's disease. I do not know if you understand this, but I got a healing strategy. I mean ... I will just tell you ... I was diagnosed at age 42. Almost all of my family were sick in their 40s. They had the same CAG count: 42. The same as my family. We were all about the same. All of my family, except my sister right now who happens to be a really strong Word of Faith, they are all gone. And I knew that we needed to get a strategy to get healed.

I want to say, as I record this I am 58 years old. I do not have any symptoms of Huntington's disease. I got a healing strategy. In fact, I just went for a checkup at the UCLA Center for Excellence, and they said they want to put me in a study because they haven't seen anyone at my age not having any symptoms of Huntington's based on my family history.

I just want to give God praise, and I want to release this healing strategy—or the breakthrough strategy—that you need. I want to release this. This is the revelation that I was talking about. This is the new thing. God says, "See, I do a new thing. Do you not perceive it?"

Now, I was reading the Bible, and I noticed that Jesus seldom prayed for someone the same way twice. Notice one time He lays hands on someone. Then He spit on the ground and made some mud and put it in their eyes. (That's one thing you do not see happening in a service these days ... Hey! You know ... You want me to be biblical, you know? Anyway ...) Next time, He is just saying the word. There is another time that He mentions, "This one needs prayer and fasting." There is one time He does it one way, and another time He does it another.

Now, most people miss this, my friends. Even my own family, when I was trying to explain it, could miss this because Jesus knew God's strategy for each person's healing. One time He was praying for someone, and He had to have all the people with unbelief leave the room. One time He is in a city and everyone gets healed. Another time He is in a city and no one gets healed. But there was something that was needed each time.

So, I tell you, how we pray ... We tend to pray the same way all the time. We lay hands on people in the Name of Jesus. We might anoint with oil. We might take communion. Now, there

is nothing wrong with it. This is the way I pray. Praying in Jesus' Name is indeed very powerful. But if you are not seeing a result, you might want to get a healing strategy and ask the Lord. Remember, even when Jesus prayed for the blind man, He prayed for him once and the guy could not see. He says, "What do you see?" And he said, "I see people, but they look like trees," and they prayed for him again. See, you press in until you get evidence of being healed.

Now, in the meantime, don't fall into unbelief. Don't fall into believing God has forgotten you. You stay with the word of faith in the meantime. I believe Jesus is healing me. Even if I don't see the evidence, I believe in a sense I am healed. And so, I become in denial of all the laws of Satan and medicine, and I come into agreement with the laws of Heaven and "on Earth as it is in Heaven." Even though we do not see it—we will get it.

I tell you ... I have been healed of so many things using the prayer of the word of faith and the word of knowledge, and occasionally the dunamis power of the Lord. Not always, but it depends on what's going on. When I saw that something was not working, I would press in and ask God for a breakthrough strategy.

For Huntington's disease ... I mean this was terrible. There were so many different things. It was passed on generationally, so I knew there must have been some generational curses that were in the DNA. So, I needed to get prayer for my nervous system ... my DNA. There were all these different symptoms. And so, I began to ask God to give me a strategy for my own healing. It took about 6 months. I will be honest. I was pretty tired, you know? I was worn out.

But, here is what I want to recommend: If you need a healing, get out of seclusion. Get out. Get out of seclusion. I had friends come over and get me out of the house. They said, "We're going to take you to every healing meeting that we can go to." My friends prayed. They anointed me with oil. So, I had to cut off those generational ties. So, I went to the Elijah House. There are many ministries that do this. That is the one I went to up in Spokane, Washington.

They broke off the generational curses for Huntington's disease. I kid you not. I heard angelic singing—audible—when it was broken. Now, I was not healed at that moment. I had to do other things, but it was a layer upon layer upon layer. I consulted a nutritionist because I had to change my diet and eat better. I went to the Healing Rooms actually in Spokane, I was up there, while I was going to the Elijah House, I would go to the Healing Rooms as well.

There are Healing Rooms everywhere, so you can go to the Healing Rooms and they will pray for you. You can actually find the Healing Rooms even online. Bethel up in Redding, the church in Redding, they will do the Healing Rooms over Skype. You can get prayer. I'm telling you, get out. Get prayer.

For me, I got prayer from a pastor who sees results in certain types of things. So, I kept going and getting that prayer, kept going to meetings ... chipping away, chipping away. Then I went to a Todd Bentley healing service in June 2001, and I had a healing encounter with Jesus. It worked

for me. (I don't care what you think of Todd Bentley—the Lord used him.) Right now, friends, I would not be here if it wasn't for the Lord using all these people and using the healing strategy.

So, after you get healed ... I got healed in June of Huntington's ... all the symptoms. My DNA still shows I have it. "It is an anomaly," is what they say. They looked at me. "This is an anomaly." That is medical talk for a miracle. I am just saying ... That is a miracle, friends. I had actually continued to use Bible verses and to stay in faith to keep those symptoms at bay.

I noticed something: When I prayed for other people with Huntington's disease, I would suddenly start to have manifestations of symptoms again, or when I got into discouragement or over-worked myself. I tell you, you need to stay in a place of faith and health to stay healed. So, I had to do the diet change. The Lord gave me the strategy.

Listen to this ....

Back in 2004 ... I had been diagnosed in 2001. I got healed in 2001. In 2004—I had no idea about this—but the Lord told me to go on a ketogenic diet, which was low carb. I did not know it at the time. I thought it was to lose weight, and that was in 2004. Several years later, they discovered that a ketogenic diet actually can stop the growth of the Huntington's gene.

Now, I don't know if it is the ketogenic diet. I don't know if it has kept me healed. I know the Lord healed me, but He did tell me to stay on a ketogenic diet. And it really has not been proven that big ... and I am not sure if it is ... but I am still on it ... this diet ... because the Lord told me to. And I am nearing 60 years old, and I am feeling really good.

So, this was a huge miracle. And I want to share this with you contending for *your* breakthrough. Whether your breakthrough is financial, healing, relationships ... whatever ... You need to do what David did. 1 Samuel 30:8, "David inquired of the Lord" and got the answer to his breakthrough. Everything had been robbed from him. His own town, Ziklag, had been burned, his wives and children and all the supplies had been stolen. And he inquired of the Lord, and he got a breakthrough.

I want to tell you something: We need to contend for our breakthrough. Inquire of the Lord. And in just a minute, I am going to give you the strategy I used—and that I still use to this day—to get prophetic understanding and breakthroughs from the Lord. You need to get up. Fight even if you don't feel like it.

Believe me, I have still been fighting over other things. I will tell you in a minute here about the Lyme disease and other things, chronic fatigue, where sometimes you are so tired you cannot do it. So, get your friends and family to help. There is power in coming into agreement. Jesus said, "If two or more agree upon one thing it will be done for you."

So, I went down once again in my health in 2013 and ... you know ... I did not know what it was. Lyme disease actually is what I found out later. When it first hit me, I was just so blown away that I started the healing strategy like I knew. And I had three people pray with me over the phone and text—7 days a week for 6 months—until we saw evidence of change.

How desperate are you? Some people say, "Oh, I don't ... Oh, I don't ..." I am saying ... hey, listen here ... Do not give me your excuses of why you cannot. Find one person. I do not care if they are not Spirit filled. Find one person that you can agree with in prayer. Facebook has people who you can agree with in prayer. Your church has people who you can agree with in prayer. When you go to church, don't leave without prayer. Pray until you see evidence.

Now, the older ways of healing might default to praying the prayer of faith several times. But, do you know what? I just want to say ... It did not work for my mom and my aunt, but the praying ... the prayer strategy that the Lord gave me worked for me. So, I want to recommend that you can pray that prayer of faith and, yes, come into agreement with others—but also ask the Lord to give you revelation. Inquire of the Lord. When Jesus prayed for the blind man in Mark 8, He prayed several times, as I had said before. But listen. You don't give up.

So here are some ideas to create a healing or a breakthrough strategy. Now, this works again for finances, relationships, or whatever. You don't have to strive. Pray and ask God to show you what to do.

Now here are just a few. I am going to give you a few examples of what I did and what you could do. I didn't do all these at once.

- **Begin praying daily** for yourself and your situation. Especially if you have people in your house, come into agreement and pray every day.
- **Take communion daily** and quiet yourself. Spend time with the Lord. I still, to this day, I take communion every day. It is very important—the body and the blood of Jesus.
- Anoint with oil every day, whether it is yourself or someone else doing it for you.
- **Find a team** or a couple of people who can pray with you, daily if possible, or whatever you can get.
- Ask God to show you what Satan doesn't want you to see about your situation and take notes. This is one of the most powerful prayers that I still do every single day. "God, show me what Satan doesn't want me to see about my situation," and take notes.

- Respond to what God is saying to you, whether you need to contact other ministries
  for healing, do some research, change your diet, start on a supplement or a
  medication, whatever.
- **Go to the Healing Rooms.** Get prayer everywhere they offer it, and don't leave church without it. I want to tell you that this is something that you need to do, and press in even if you don't feel like it.
- Cut off any generational ties. Do it again if necessary. I have had to do it several times.
  You can go to <a href="DougAddison.com/healing-resources">DougAddison.com/healing-resources</a> and we have a list of ministries there that will help you, and the different areas of what we are talking about if you do not know about generational ties.
- Break off any demonic assignments. One test that I did is I drove about 35 miles out—35 to 50 miles—and see if you feel different because sometimes there might be something demonically in your area. And, I found that you can drive 30 to 50 miles away, and if you feel better it might be something coming against you in your region. Now that is not normal, but I just wanted to throw that out there in case you want to do that test. If you can't hear God for your financial breakthrough, then do the same thing, and the same with anything else. Drive away and then go somewhere to pray, and see if that is something that God wants to do.
- Break off witchcraft or cursing. Many people with higher callings can get judged or cursed because some people, even Christians, become jealous. So that could be Christian witchcraft or cursing.
- Break off the spirit of jealousy.
- Do what Jesus said with these circumstances. Bless those who curse you. Pray for them.
- Ask God to show you what to do physically.
  - At one point I was dealing with Lyme disease and I pulled out medications, I anointed them with oil, and then I broke off the side effects. I read it and broke them off. Another time I had to change my diet. Another time I had to change supplements based on prophetic dreams.
  - Now, Dr. Henry Wright really helped me. He has a book called A More Excellent Way. There is a spiritual root to diseases, and I would highly recommend that.
     Now it is pretty heavy. The spiritual root to disease in each one might be different, but the bottom line is that God can heal you.
- **Go to healing meetings** as I said before.

- Pray over your finances during each service.
- **Consider your body.** Stop doing things that harm you.
- Learn to rest.
- **Use wisdom** and get strategies of restoration in your life.
- **Use natural healing whenever possible.** For me, essential oils were a big part of my healing.
- And you can also create declaration prayers of healing and wholeness. Job 22:28
   (NKJV), You will also declare a thing and it will be established for you so (that the) light will shine on your ways. That word also means "decree a thing and it will be done for you." So, choose some Bible verses or an excerpt from prophetic words that God has spoken over you, meditate on those, and get that into your spirit.

I declare the joy of the Lord over your body and the healing of your spirit right now according to Proverbs 17:22:

A cheerful heart is good medicine, but a crushed spirit dries the bones. [NIV]

I decree and I declare full healing and restoration of your energy and your youthfulness according to Psalm 103:3 and 5 [NIV]:

God forgives your sins, He heals your diseases ... and He satisfies your desires with good things and your youth is renewed like the eagle's.

I decree and I declare wisdom and the mind of the Lord as I humble myself and submit my body to the body of the Lord. Proverbs 3:5-8 [NIV]

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Do not be wise in your own eyes; fear the Lord and shun evil. This will bring health to your body and nourishment to your bones.

These things work. I have pages and pages of these verses. So, what you want to do is every time you find a healing verse Google it, look it up, and ask the Lord to speak to you. Now, I want you to put it in a Word document or somewhere. Begin to put these verses that speak to you, and begin to pray them over yourself because the Word of God is very powerful, and it will help you to be able to get a breakthrough in your life.

Now, I want to say this ... a further testimony. After getting healed of Huntington's, then I got Lyme disease in 2013, which turned into a very acute case of multiple chemical sensitivity. I was so bad, friends, that I was allergic to my own house. I was taking 4 or 5 showers a day. I was having hysterical breakdowns. I did not know why. The doctors did not know why. But I tell you, I got hold of this message, what I am telling you right now. The Lord gave me a healing strategy.

I release it more ... If you want to get into this a little bit more, I have an online workshop that you can take right now, called <u>Accelerating Your Time to Heal</u>, where I go into what I learned from all the ministries that helped me where I got through ... I am now 100% through chemical sensitivity. I mean 100%. No more anxiety, no more breakdowns. My Huntington's disease is totally gone, and I want to tell you ... I release everything I can find that helped me and that could possibly help you in this online training. So, I recommend that if you can take it.

I just want to say this right now. I pray this over you: "Lord, I pray for each person, each one who needs a healing or breakthrough strategy over finances and relationships. God, I pray that You would release the strategy from Heaven. I pray for the anointing, the word of knowledge, the word of faith. I pray for dunamis power. I pray, Lord, that You would pull things together right now. We know that the enemy only comes and attacks to steal, kill and destroy. But we know that You came to bring life to the fullest. So, I speak life—Zoë life—life to the fullest over each of you in the Name of Jesus. Amen.

God bless you! Thank you so much.