



## **How to Fast for Revival and Not Miss a Meal**

**Doug Addison [Episode 47]**

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Hey, everybody. Welcome to another *Spirit Connection Podcast*. Maybe you've been hearing me talk about this, but I want to give you some more insight and revelation and instructions about the call to a 40 day fast that's going to open the heavens over you, your city, your church, and also the State of California because it's so crucial right now.

I've been hearing the Lord say that we need to pray for California because that's been the birthing place for revival, and very similar to the Jesus People Movement of the 1970s. Which, by the way, that was the last known salvation and healing-based revival in North America. The Jesus People Movement of the 70s was geared towards the "rainbow people." Those were those who were very rebellious. They were negative, they were judgmental towards the establishment, which was the government and the authority at the time.

The Lord got hold of that group of rebellious hippies and used them to ignite a revival that has forever changed the Church and Christianity. Did you know that it was also rejected by the Church heavily—very, very heavily. But in 1971 (and I remember this) Billy Graham sanctioned it, and in '71 and '72 he said these people—they might be stinky hippies—but this is a real move of God.

God wants to raise up a new "rainbow people," and these are the ones of many colors, many backgrounds. Just like the hippies though, in the 70s, you know ... many of these people have been rejected and considered unclean by the Church. Also, there is a spirit of negativity very similar to the 60s. There's a spirit of negativity ruling the airways once again. Today the internet is fueling negativity, causing disagreements and creating an attitude of expecting the worst.

You know, as I've been giving this message for a number of years, many Christians have not fully identified or understood what it means to be negative or the need to do a negativity fast. And that's one of the things I'm calling people to step into: a negativity fast.

Here's the definition according to Vocabulary.com: "Negativity is a tendency to be downbeat, disagreeable or skeptical. It's a pessimistic attitude that always expects the worst."

So, what's wrong with that? What's wrong with being disagreeable or negative? Well, I just want to say there are spiritual principles involved with you, all of us. There are biblical principles that cause our behavior. As Christians, the way we act, the way we treat others could actually cause a closed Heaven and this is because of Galatians 6:7—*What we sow we shall reap*. And it is also that principle of sowing and reaping that can actually work against us. If we continually sow negativity, grumbling, complaining, expecting the worst—we will get a closed Heaven.

Folks, that's where we are today. That's why I've been talking about this for a long time. This means that our grumbling can cause our prayers to go unanswered or even worse. According to the Apostle Paul, it can cause our lights to not shine.

*Do everything without grumbling or arguing, so that you may be blameless and pure, "children of God without fault in a warped and crooked generation." Then you will shine among them like stars in the sky.* Philippians 2:14-15 NIV

I don't know about you, but I want to shine like the stars, you know, for Jesus right now. So, this is why we're calling a 40 day fast. I heard the Lord say to do this. As California awakens again, revival is going to spread around the world. The Lord says, "Call My people to a 40 day fast from negative talk, negative thoughts, and replace it with joy and love."

The Lord was very clear. This does not need to be a fast that you have done before. There are three ways to do it. You can fast from food if you'd like. That's optional. But what we're really hoping is that people would take this into a time to step away from negativity and replace it with joy. So, I'll talk a little bit more about that in just a bit.

You know, I'm asking you to be part of it. It's March 1 through April 9, 2018. No matter when you're listening to this though, listen, it doesn't matter. God's outside of time. You can grab hold of these principles right now and change your life.

We're going to see something happen. My friends, Lou Engle and Keith Ferrante, they are part of this and something radical happened just in the month of February. On February 6, Lou Engle called me on the phone and told me about this dream this guy had that three prophets—Keith Ferrante from Northern, Doug Addison from Central, and Lou Engle from Southern California—came together as one voice and released this fast that brought the latter rain. And that's what we've been looking for. You might know that I live in Los Angeles in Southern California, but my office is actually based ... my ministry is based in Central California, which is Santa Maria on the central coast. So that's how this all came together.

I just want to give you more information now and answer some questions at the end here. But listen. There is a reason to be hopeful right now. God has given you everything you need: We have His love. We have His power. We have the Holy Spirit. We have the power that raised Jesus Christ from the dead. We have the Word of God. We have His awesome promises.

The enemy is over-attacking people, and this is why we haven't seen these major revivals. And this is why, folks, we need to step away from the negativity. Because that's the accuser of the brethren, and we don't want to come into agreement with one of the titles of Satan himself.

You know God's desire for us? He desires good things to heal us, to be in perfect health:

*Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. 3 John 2 NKJV*

*May God Himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. 1 Thessalonians 5:23 NIV*

This is a time, folks, that God is going to start doing some radical healing.

I don't know if you know this story but, you know, I got hit with an affliction a few years ago. And last year I got healed radically of chemical sensitivity, Lyme disease. Probably 90 percent of it really was a radical healing. And then I still had this last thing that was in my immune system. I want to tell you, here's the testimony. God said I'm going to confirm this 40-day fast—and the day after Lou Engle called me on February 6th—the very next day, I got healed. My immune system kicked back on, and all the things that had been affecting me, not allowing me to travel, lifted. And this is why I'm releasing this prophetic word to you, to grab hold of what's coming right now.

You know, as we step into the new ... It's very important, that there are so many views of God, especially with the internet right now. It used to be that we lived in our community, and we went to the same type of church, and we were around the same types of people. We were basically in our tribes, so to speak. But right now, with the internet, we have a collision of belief systems because of the ability to tweet things and to post videos. Now we have people who are not just, you know, part of our tribe. We have conflict going on.

So, we want to make sure that we catch hold of what God's doing in the midst of all this. Because there are a lot of things rising up right now, like trying to get people to go back to a very rule-based, legalistic view of God. Often, I tell you, that ends up getting a short of the Holy Spirit. It tightens things down to where, you know, it's all rules based on what you can do. You're trying hard, you're falling short, you're feeling guilty. Then you

repent, and then you do it again and again. It's a cycle. Is that you or anyone you know? I want to tell you that I have this prayer that I'm going to do with you at the end of this that's going to release you from that, and also this negative fast. Eventually people end up giving up, tiring out, leaving church, maybe going away from God—even worse—because of guilt and fear. I want to break that. Let's just do it now.

Lord, in Jesus' Name, break the legalistic spirit, this thing that says we're not enough. (I have an anointing to do this because I had to get through it myself.)  
Lord, release now love, that love from You, in Jesus' Name. Amen.

Why not just release it when the anointing's here?

So, Jesus died to set us free from the Law and the rule-based religion. That's in Roman's 8:2. We are now set free to follow God, not by rules but through a relationship. And we study the Bible in order to find out more about God's character, and we see ourselves.

Now, this is how you do it. See yourself as a son or a daughter of God, and not just a bond servant or a spiritual slave. That's what happened is this legalistic view came in, and it caused us to start seeing us less than who we are. That was an attack of the enemy.

The reason I'm talking about this is because this is the very reason for the negativity. When we step away from the freedom that God has for us, and when we step out of a relationship as a son or a daughter with Him as a Father—as a loving Father—then these things can come in and creep in. Christianity actually gets off track when we fall into legalism. And we forget that God's love is truly free, and we live in a relationship with a loving father through Jesus Christ.

So, what happened to get us off track with love?

*Whoever does not love does not know God, because God is love.*  
1 John 4:8 NIV

Since the entire essence of God is love, Jesus demonstrated that to us. He demonstrated the love. He came, and He died, and He reconciled us to the Father. And a lot of times, we forget about the Father. We hear a lot of talk about Jesus, but we forget about the Father because we've been in a time where we've been in a fatherless type of generation. But sadly, we tend to share this type of belief system with each other. I want to just say this: Step away from that stuff right now. Don't focus too much on the negative things that are happening and try to find something positive in every situation with everyone.

This is a spiritual principle that will change the spiritual atmosphere around you. One of my favorite verses for this is Philippians 4:8-9:

*Finally, brothers [and sister], whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the let the God of peace be with you. (NIV)*

The apostle Paul was saying this. He wasn't talking about, you know, avoiding Satan and doing all this type of thing. In fact, he spoke more about the things that you should do than the things that you shouldn't do. And as we focus on these characteristics, we're going to see our life change.

This is how to do a negativity fast. I'm giving you the background of how to develop a positive, God lifestyle. I have done it. I don't have to fast from negativity. I mean, I'm doing it with everybody right now, but I have a negativity lifestyle. I've stepped away from these things. God is positive. He's not negative and He's love. That is positive. He's for you. He's not against you. He loves people whether they are Christians or not, and His ways and love must become our only reality.

Negativity, when negative things come, they're from Satan and not from God. Now, let me just clarify. People, some people, have asked me questions about that when I say the negative things are not from God. And they say, "Well, what about when God's testing us?" I'm talking about the big things. I'm talking about, you know, I'm talking about sicknesses. I'm talking about killings, and shootings, and the stuff that we're seeing in the news every day. Those are the things that are not from God. You know, God might test you, but it has to do with your character. And there's a difference between the two, and God loves you.

So, we have to have God's perspective, and we need to develop a strategy. This is what I call *flipping* a negative situation using the positive God perspective. When the enemy comes and hits you or someone you know—and it's not God's will for you to be hit—God's perfect will is usually the opposite of what you're getting attacked. So, the opposite is actually God's will.

I learned this from doing years of outreach and seeing people with such damage—or even ministering to people, especially young people, who they feel really oppressed—and I give them hope because I realize this, you know? If the enemy has attacked you, guess what? That's actually good news. Why would he ...? I mean, honestly, why would he work overtime on you unless you're a threat? That's good news.

Now, it's not fun that he's attacking you, of course. So, if you're sick, it's not God's will. The opposite is perfect health. Are you in debt? The opposite is actually being in some type of prosperity where you can help others. If you've been hurt easily by people where they attack you, then you're called to help others get those emotional wounds healed. But all of these have to happen after you get your own healing. But you don't have to

wait 'til the end, you know? You can actually start now. Once you gain this perspective when Satan hits you, my goodness, that's when you look for the opposite and begin to pray it in.

This is the spiritual atmosphere that we have right now is that, "What you sow you shall reap." So, we have a lot of people continually sowing negative thoughts, complaining, doubts, grumbling. And we're reaping a closed Heaven and an atmosphere that is causing complaining and doubting. Now, when I first started talking about this a few years ago, like 10 years ago, I started talking about it even more than that. People didn't quite grasp what I was saying. But now we live under a closed Heaven, and it's important that we understand some things.

Now, I'm going to unpack this for you. Maybe you've heard me talk about it. That's why I talk about it over and over. I want you to get it in your spirit and your lifestyle.

When the woman caught in adultery in John chapter 8 was brought to Jesus, He saw that they condemned her. And the judgment of her sin was keeping her from her destiny of true love. Now, here's what Jesus said: "Woman, where are they?" (This is after He told them to go away because He said, "Those without sin cast the first stone.") "Has no one condemned you?" "No one, sir," she said. "Neither do I condemn you." Jesus declared. "Now go and leave your life of sin." (John 8:10b-11 paraphrased)

See, Jesus had to break judgments over her before she could actually receive those words, "Go and sin no more." He had to get away from the people who were saying it with their mouths. They were judging her with their speech. So, this is the same right now. "Let the one without sin cast the first stone," indicating that we have things in our own lives that will actually cause us to come under judgment if we're not careful.

Listen. Note that Jesus was willing to overlook the Law of Moses to set her free. In that time, the woman caught in adultery should have been stoned to death. He was willing to break that law to go after that woman, and He had to do it by changing the spiritual atmosphere over her by getting rid of the negative voices. So, now for us, this will open the heavens over you.

You know, judgments hold us down. Jesus just showed us right there. But mercy and grace and forgiveness frees us up. Luke 6:37-42, let me just read this:

*"Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you."*  
Luke 6:37 NIV

Now, Jesus spoke this. And we hear this quite a bit at the offerings in churches, which is good. It is a spiritual principle, but it wasn't actually being spoken specifically for money.

It will work for money because it works for anything, the Bible principles, but listen. It was being spoken about judgments. And this is what's very important. Fast forward to verse 41:

*"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, '(Brother), let me take the speck out of your eye,' when you yourself fail to see the plank or the log in your own eye? You hypocrite (Jesus said), first take the plank out of your eye, and then you will see clearly to remove the speck from your brother's eye." Luke 6:41-42 NIV*

Now, this is really important because we have a lot of people trying to remove specks out of other peoples' eyes, but they have log jams themselves (if you know what I'm saying). I could go into places ... Because I'm a prophet, I have very high discernment. So, I go into a place to speak, and I can feel it when they have log jams. I can feel when people might be judging. I don't know what they're judging, but they're judging. And that actually ... that stops that flow from Heaven, even financially. They don't get the "pressed down, shaken together, running over into their lap" when they give financially. If that's you, if you're giving and not receiving back, there's a good chance you might need to do some repentance in this area.

Wow, this is so good. It's so powerful. It set me free.

Remember the greatest commandment? Out of all the Bible verses people focus on, we tend not to focus on one that Jesus says was the greatest. You know, it was Matthew 22:37-40. Jesus replied because they asked Him, you know, "What's the greatest commandment?"

*Jesus replied: "Love the Lord your God with all your heart and (with) all your soul and (with) all your mind.' This is the first and greatest commandment. And the second is (like it): 'Love your neighbor as yourself.' All the Law and the Prophets hang on these two commandments." (NIV)*

So, the greatest thing we can ever do is to love God, love others, and love ourselves. We have to do all three of those. So, "God is love," 1 John 4:8, right? If God is love, we need to be about love too. If Jesus says we need to forgive and don't judge, we need to focus on those things. This, folks, is what's going to change our lives forever. We need to understand who God really is. And how we treat other people reflects God in us. And how you act behind the wheel of your car is the biggest test. I kid you not.

This also applies to how you act online. These are the things. You must develop the fruit of the Spirit (Galatians 5:22-23). If you want to go on this negative fast, you need to think about these things. You need to get down the fruit of the Spirit. So, you can't really have a relationship with God without it positively affecting your daily life and your character. Do you know what I mean?

## **Steps to changing the spiritual atmosphere around you.**

Now listen. Here's what people ask me. They ask me, "How do I do this? I want to do the negative talk and fast, but I don't know how." All right. Here you go.

You know, start blessing others and stop grumbling. This radically changed my life. Back in 2004, this was the revelation that God gave me after a face-to-face encounter with an angel in the middle of the night. This golden angel was whispering in my ear. I don't remember what it said, but I knew that it was a real thing. And shortly later, I started getting this revelation. And the Lord told me, "Your life will radically change when you stop grumbling and complaining and start blessing." And, sure enough, I did. Everything changed for me.

This, my friends, is ... When people ask me how do I hear God clearly—like for the *Daily Prophetic Words* and the monthly word and things like that—this is where it started. I began to open the heavens by not complaining. People tend to complain as a way of handling stress or blowing off steam, but it can be harmful. And I myself ... Listen. I have to put a muzzle on my mouth. I pray. You know, on a regular basis I ask God to put a muzzle on my mouth so that I don't fall into idle talk that could actually harm someone else or myself.

The spiritual principle applies to nearly every area of our life. Now let's say that you sow judgment, so you reap a closed Heaven. Hey, do you know what? If you start sowing blessing ... That's why we want to go on this negative-thought-and-talk fast, so that we can shift things. Because it's a Galatians 6:7 principle. It really is.

Also, what you want to do is not just step away from negativity and keep your mouth shut. That's not going to really change the world around you. You need to replace that with joy. You need to replace it with grace. Having grace is cutting slack for people instead of cutting them off or cutting them down. Or having patience and having understanding and slowing down.

Gratitude is another thing. It's being thankful for everything. Blessing and not cursing, paying it forward on a regular basis, you know, tipping good, all those types of things. Gratitude, being grateful to the Lord instead of complaining.

Generosity is another one that ... It's not just giving money. It's giving time, energy, resources.

You combine all these things with love ... Wow! That's when it's very powerful. But you can also turn your complaints to complements. I had to do this because I complained. You know, we don't have to not complain. This is Matthew 7:12-13 through The Message Bible:



*“Here is a simple, rule-of-thumb guide for behavior: Ask yourself what you want people to do for you, then grab the initiative and do it for them. Add up God’s Law and the Prophets and this is what you will get.”*

Wow! Do unto others, actually, that you want them to do to you is basically that. So, begin to bless people. Limit your complaints. And what if you do complain, which is okay, then what I do is I try to release 2 to 3 compliments somewhere else so that I offset this because it can start building up on you. I’m serious. We do have spiritual bank accounts. Our sin is not listed there, unless it’s unrepented of (that’s another place). But I’m just saying that there’s a time right now that you can do this. Because of the internet I use Yelp, I use Trip Advisor, or I go talk to managers or whatever to bring out the good things. If I do leave a complaint, I make sure that I’m leaving more compliments out there as well. And that begins to open the heavens over you.

Make a decision now to do good and positive things for yourself, for others, and those around you. Now, you’re going to see it change, and we need to do this. This is the most important thing when we’re talking about stepping away from negativity. Don’t watch negative talk radio or listen to it, or the negative things on the internet. Just do a fast from it. When you think of a negative thought, take it captive and renew it with something positive. Get some Bible verses that may help you.

Also ... listen. There’s power and authority that comes onto your words. You will need to be careful what you say because your words carry spiritual life or spiritual death. They can build up or they can tear down, especially in the season we are now in.

Jesus said this about the fig tree. Do you remember this? Most people miss this entire thing in Matthew 21:19-21. You have to read this:

*“Seeing a fig tree by the road, he went up to it but found nothing on it except leaves. Then he said to it, ‘May you never bear fruit again!’ Immediately the tree withered. When the disciples saw this (they were like, “Wow!”), “How did the fig tree wither so quickly?” they asked. Jesus replied, ‘Truly I tell you, if you have faith and not doubt, not only can you do what was done to the fig tree (wither it), but you can also say to this mountain, ‘Go, throw yourself into the sea,’ and it will be done.” (NIV)*

Now, listen. Jesus said that our words can either uproot obstacles—that’s throwing the mountain into the sea by faith, that’s what we most focus on—or they can cause you or others to bear no fruit again and wither. He was showing this comparison. He did it with a prophetic act. He said, “You can do this. You can wither things, or you can say to this mountain, ‘Move’.” This is a lesson that we miss on this. Boy, I never heard that on a Sunday morning.

I tell you, if you grab hold of this, you will want to step away from withering words over yourself, over other people. And, instead of, you know, “Bear fruit no more,” you can

say, “Be fruitful.” I have to stop myself. In fact, my staff, you know, my family too, we now say it to each other: “Ah, withering word, withering words,” when we’re not recognizing it. We need people to help us on that. So, we need to be careful on how we speak.

We also need to reverse it and release the opposite, which is faith. God showed me that this is the attitude and the condition of many people today. They’ve spoken over themselves over and over, and they’ve spoken over other people, and it has caused their gifts and their spiritual fruit to dry up. Now, God’s giving us an opportunity to reverse this. And we need to recognize areas of our lives, as well as others, that once flourished but are not ... that are now withering. We can now speak over those with prayers like, “Be fruitful and wither no more.”

And I speak that over you right now: Be fruitful. Lord, we release this over all of us, in the Name of Jesus Christ.

Now, I have some questions that people ask me. That’s what really prompted this podcast because I’ve been talking about negative-thought-and-talk fasts for a long time. Now we’re in the middle of one, but people ask me these things and may ask them on the webcast and things like that. These are some of them that I may not have gotten to, or they were really good because my team said, “You need to answer these questions.”

**Q: A woman asked this, “What about if I talk about a painful situation by venting my feelings regarding the wrongful decisions or actions of another person. Is that complaining or judging?”**

You have to be careful that it doesn’t cross into that. Yes, venting and talking about it—it’s healthy in one way, but we have to be very careful. Listen. We’re in a season right now that our words can wither or our words can be, can bring life. So, what I do right now, if I feel wronged and I talk about it with someone else, then I stop and I pray for them and I say, “Lord, bless that person.” “Bless those who curse you,” is what Jesus said. If you’re doing it, then be sure to flip that around at the end and bless the person, or find a way to bless them.

Here’s another question.

**Q: “Any tips for those of us who were raised extremely logical thinkers and have a tendency to judge? Do I change the way I think?”**

Well, let me say this. You really have to be careful that you don’t fall into judgments because, just because you were raised a certain way or have a certain personality, doesn’t mean that the biblical principles don’t apply.

There are ways for you to change the way you do things. Now, I didn't know this until I started studying it more. If you have a tendency to have the truth and you can't lie ... Did you ever hear someone say that? "Well, I told the truth and, you know, even if it hurt"? "Wow, ouch. Thank you." And they say, "Well, I can't lie." Well, that's the part that I talked about earlier.

If you're telling the truth or you're seeing the truth, then you're not always seeing the will of God. What you might be seeing is the plan of the enemy for a person, and you might have a gift of discernment. Many people who have this, have the gift of discerning of spirits, and they don't know it. So, you're seeing the truth, and if two agree together ... If you agree to the truth without just giving them a solution or encouragement, you're not helping them.

You might say, "You know, I can't lie." But what's happening in their life might be a lie, and you want to be able to say, "Let me tell you that I'm seeing this." You know, like the truth, you can say it, but then you want to be sure to say, "Well, I want to encourage you, to help you out of it," or give something else. You just can't stand there and say the truth without giving that blessing or shifting it around somehow.

So, yes, to answer the question, you do need to change the way you think, but also you need to change the way you speak, mostly. It's not changing the way you think —changing the way you speak.

Here's another question.

**Q: "How do I keep from being discouraged and complaining when I'm going through one of the worst times of my life?"**

Well, wow, I'm really ... First of all, I'm so sorry that you're going through bad times, and many people are today. I mean, my goodness, there's so much going on in the world, and it still doesn't change God's love for us. So, maybe it's judgments in our life that might be opening these things up. I don't want to say that you don't get feelings or anything like that. But I want to just say this: Don't come into agreement with the accuser of the brethren over you. Don't come into agreement with Satan over you.

You know, you're going through a rough time, that's all the more time to speak these things over you. That's all the more time to now renew ... renew yourself and step away if you can. I know it's not always easy when you're in the middle of it. Believe me. I've been there and suffered a lot of losses and a

lot of deaths in my family. But it didn't change the fact that God's faith will activate you.

Here's one.

**Q: "I don't know if I have anyone to talk to. Why is God allowing me to go through so much loneliness?"**

I want to encourage you. First of all, take some steps to break out of this because it's an attack of the enemy. God doesn't want you to be lonely. You will need to do something. You'll need to find friends. You need to do something. Join a club. Go to church. Do something to get out of your loneliness because that's a prison. The Lord is not wanting you to be lonely. He's wanting you to step out.

So, some people say, "Well, I can only talk to God." Well, you'll need to break out because the Bible says, "Where two agree together it will be done." That's why He says, "Don't give up meeting together." You'll want to come into agreement with those principles.

Here's another one.

**Q: "It's hard to receive God's love because I feel like I'm not good enough. How can I see myself the way God sees me?"**

Well, first of all, getting healed of those unloving demons—that's what those things are—because you don't feel good enough. That could be low self-esteem and things like that. We need to come up against these things, and there's inner healing today, folks. There are ministries out there.

One of them that I recommend—it doesn't work necessarily for everybody, but it works for most people—it's called [Sozo](#), S-o-z-o. It's an inner healing time and it's around ... it's actually around the globe. But you can actually Google that with [Redding Church in Bethel \(California\)](#). They do it online. They will do over Skype and you can talk to someone. They'll walk you through getting some personal healing.

It's a new wineskin. Just listen. Sozo is a new wineskin for inner healing and deliverance. It's something new right now. I just had a podcast. You can check out [my podcast with Dawna De Silva](#) from Sozo. She was one of the founders, the co-founders, and you can listen to what she's talking about,

how to shift the spiritual atmosphere so you don't come into agreement with what the enemy is trying to do in your life right now.

Here's another question.

**Q: “Why isn't God doing anything to help His children? Can He help? Will He help? I'm losing hope.”**

I'm not sure exactly what you're referring to because God is indeed at work right now. He is helping us, or we'd be in worse shape than you would think. You'll need to walk through a process of getting that emotional and spiritual healing. You'll need to walk through this time of renewing your mind, and also realize that just because, you know, things are looking bad doesn't mean that that's the reality of things. So, I hear this all the time. And I want to encourage people to take some steps. Don't stay isolated.

Here's another one, and I'll close with this one.

**Q: “My prayers aren't being answered, and I'm ready to quit. Why bother?”**

You know, this is for everybody out there. Do not disconnect from the vine. John 15, “Jesus is the vine and we are the branches.” We need to stay connected to Him by prayer, through prayer. You'll want to stay connected with the Lord. It's so important. You know, there are reasons for unanswered prayer—sometimes judgments against others, unforgiveness, there are things like that—but DO NOT QUIT, folks.

I want to tell you, God's about to move. We're going to see a revival, and the revival has to start in us first. We're not talking about these big meetings, revival meetings, like you might think. It starts here first. It starts with you first.

So, I want to release this over you: the ability to love, the healing that you need, the Father of love, the Father of lights come to you and make Himself real to you. I release over you the ability to step up and rise above your situation like Jesus did. He walked on the water and the storm. Another time the storm hit that tried to kill Him, and He slept in the belly of the boat. I tell you, He loves you. He is for you.

Lord, I pray now as we come into agreement together—the entire world praying and fasting, fasting from negativity or fasting from however the Lord shows you—that we want to shift the spiritual atmosphere of judgments over California that's going to change the world, and also over ourselves. Remember, we have to start there first. So, Lord, bring it now, in Jesus Name. Amen.

All right, everybody, God bless you!

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