



## **What “Season of Your Soul” Are You In?**

**Doug Addison with Elizabeth Enlow [Episode 39]**

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Hey, friends! Doug Addison here. Welcome to another *Spirit Connection Podcast*. As a times and seasons prophet (that’s my style), and I’m also a prophetic life coach, I get asked one question more than anything else. Yes, this question is asked more than “When is Jesus coming back?” or “Where is the nearest Starbucks?” I’m just kidding. It’s one question that really will help you. First, let’s pray before I forget.

God, we thank You for Your goodness and everything that You’re going to open up to us right now. We ask that we would flow on Earth as it is in Heaven right now. Open up the heavens with the spiritual understanding of who we are and what You’re doing in our lives right now. Give us the Spirit of prophecy in Jesus’ name. Amen.

Okay, back to the question that I’m asked more than anything ever. Here it is: “How do I find God’s will and timing for my life?” Wow. You know, I always say that if you have found the answer to that, you’d write a good book. Well, I’ve written one, and there’s been many books out there. But knowing God’s will involves understanding your purpose. Knowing God’s timing helps you know where you are—what season you are in right now—so you know how to respond. The two go together, but they are two separate things.

I’ve been training people for years in this area, and I want to help you right now. In this episode, I’m going to talk about how to discover God’s will for your life—how to discover your destiny. It is a crash course. I’m going to give you some tips right now, and then I have a special guest joining me in a few minutes who has written a life-changing book on how to discover the season of your life. So, let’s jump in with my crash course on God’s will. Romans 12:2 ...

*Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.*

The starting place is to step back from the patterns of the world around you, and ask God to renew your thinking. Your breakthrough and solution is there—it is—but it's usually outside of the current understanding that you have, or you would have already discovered it. So right now, it will require you to step away from the pattern of thinking that's around you—the pattern of negativity, maybe on the internet, the news, or people complaining all the time. These things actually will work against you because it will cloud your vision, and it will block your understanding of what God might be trying to say. I say this all the time. It's how to open the heavens over you.

So, let's look at the definition of destiny and life purpose. Our destiny is to love God. That's assumed. Jesus said, "Love God with all your heart all your soul and all your mind," and "love your neighbor as yourself." (Matthew 22:37-39). That's your *destiny*.

Your *life purpose* is your unique assignment from God: to develop your spiritual gifts, to grow in Godly character and love, and help others do the same. Now that's purpose, but then destiny is the direction you take in life. It might not be clear right now, and it takes time to unfold. But you will often end up in a place, depending on where you go (it might be good or bad depending on how you respond), but you will need to discover some things. In Matthew 13:44, Jesus says,

*"The kingdom of heaven is like treasure hidden in a field. When a man found it, he hid it again, and then in his joy went and sold all he had and bought that field."*

As we discover our greater purpose in life, it's like finding hidden treasure. Many people get excited about it, and then they forget later on. They forget to go back, or they are not willing to make that sacrifice, the great cost. We get caught up in our daily activities. God may have already been speaking to us that we have a greater purpose. God designed us to live life with the greater purpose, and many people haven't found it because this is not something that is taught often—and it should be, actually. Once we get intentional like finding hidden treasure, then it will start to unfold.

Let me give you the hidden treasure map. Your greater calling right now is like a connect-the-dots drawing. Each dot is an experience, a season, a life season—something that happened in your life (negative or positive). It will become clearer as you learn to connect the dots. God will sometimes accelerate things, and other times He will slow them down, according to your stage of maturity of where you are right now. God really wants to bless you. He wants to give you good things.

Consider Peter, James and John in Luke 5. Jesus said to them, "I want to make you fishers of men." Well, they were already fisherman. He didn't say, "I want you to go and become rabbis and then come back." So, God wants to use who you are. There might be some things that you need to transform in your life, but generally He likes to use your personality and your passions.

Psalm 37:4, *Delight yourself in the Lord; and He will give you the desires of your heart.* This is very important—to understand that God really loves you. He is not against you. He is for you. He has a desire for you to succeed and prosper. You have no limits because God has no limits. Now, not everything that you desire is God's. But once you understand His heart like in Psalm 37:4, once you delight yourself in Him, you will know His heart and He can start giving you that heart's desire.

So, it's as easy as connecting those dots in your spiritual life. The Holy Spirit is in you. You have access to everything you need to succeed. I can do all things through Christ who strengthens me, but with God all things are possible. So, what is stopping people?

After all my years of coaching people, I came up with an acronym with 4 things that are holding people back right now, and it's called the SPIN cycle:

**S** stands for Stuck in the past.

**P** is Procrastination.

**I** is Internal negative thinking.

**N** is No clear vision.

You know, I've been working with people for years and years. And once you get through being stuck in the past (that's the transformation) ... remember Romans 12:2? You transform your life, and you'll see procrastination will fall away. Once you grab hold of something that you find, like the hidden treasure, and get the internal negative thinking turned around, your vision will become clear.

I want to invite you to an online training course that walks you through these principles, and I give you the practical tools to get a breakthrough and discover God's will. It is called, [Unlocking Your Breakthrough: Becoming Your Own Breakthrough Coach](#). It has a lot of tools in it that are going to really help you, and this will help you to understand God's will for your life.

Now let's shift gears for a moment. Let's talk about God's timing because this really is about God's timing and His will. So, once you start to go towards God's will, God's timing and the seasons are going to really bring things together. It's like going to the mall. Have you ever looked at the Directory, and you're looking for the store or restaurant? And you find it, and then you look for that really big red circle that says, "You Are Here." Life's season is like a "You Are Here" indicator that will help you get to the next place of your calling.

I have a special guest on our podcast this week, Elizabeth Enlow. She is an encourager at heart. She is a spiritual mother to many throughout the nations, as well as a mom to four daughters. And her husband is Johnny Enlow, who is a good friend of mine as well, a prophet and apostle. And they actually travel around the world impacting people, coaching, loving, encouraging. She is an international speaker and an author of several

books actually. And this week we're going to be talking about her new book, *God in Every Season*. It's newly released, and I tell you I'm so excited to have her on the podcast.

Doug: Elizabeth, welcome to the podcast.

Elizabeth: Thank you so much, Doug. I'm really excited about talking to you and your tribe today.

Doug: Yes, well, we've been friends for quite some time, and we're both West Coasters now. You're a transplant, right? You and Johnny? Why don't you just tell us a little bit about your ministry and what you do?

Elizabeth: Yes, we are transplants. And people can tell pretty quickly here in California when I open my mouth, because I'm from Alabama originally. I have been here about 5 years. Most people will have heard of my husband, Johnny, and we have become more and more a team over the years. About 5 years ago, we relocated from Atlanta. And I think that is around the time that we connected with you and Linda.

You know, we were just so drawn out here by, really by the Lord. But a hope for what God wants to do for California, and what that means for not just our nation, but for the world. Because we feel like whatever happens here in California—for good or bad—it affects the whole globe. Our hearts are to see change and reformation in society.

For me personally, I'm like a detail person. So, I'm going to be one of those rare people, I'm going to tell you how old I am. I'm 50 years old. We have four daughters, and they are 26 down to 16. So, we know a lot about girls, and feelings, and makeup, and all that good stuff. I homeschooled most of them for almost 20 years.

Doug: I call that, actually, your house is probably the Esther generation. You can abbreviate Esther Gen.

Elizabeth: That's it exactly, and that's just me then you add them on top of it ... Anyway, yes.

Doug: We'll be praying for Johnny.

Elizabeth: Yes. He actually loves it. He is just the perfect dad for four daughters, and they have such a great relationship with their daddy so ... It's fun having four daughters. We've been in ministry over 20 years. We've been married almost 30 years, and are just in love with the Lord. And so thankful that we get to, as a family, be a part of advancing God's Kingdom in our generation.

I'll tell you just a little bit more about me personally. I'm originally born in Birmingham, Alabama, and grew up in Atlanta though. That's where Johnny and I met. My mom had cancer most of my growing up years, and ended up dying when I was 12 years old. I was raised in a Christian family, and my parents were really the only Spirit-filled Christians that I knew in the early 70s. Especially with my mom sick, we did a lot of visiting Word of Faith churches. We were looking for anyone who would, you know, agree with us in faith for my mom's healing.

She was an amazing woman who just fought hard with everything that she knew to fight with. And, more than anything, she fought with her knowledge of God—knowing that He was good and only good and powerful. You know, I was raised in a conservative private Christian school. All my growing up years, I was the only one for a long time that I knew of who was Spirit-filled. And I was Spirit-filled when I was 8-years old at a Kenneth Copeland meeting.

Doug: Wow!

Elizabeth: I just, you know, wrestled with that when she did die, and came out on the other side of it many years later. Just finally, you know, about 15 years ago, being just finally honest with God and just raw. Like, "I know You well enough to know that You could have healed my mom. And we all had faith, and You did it. Like, You're the only One who could have done something about it, and You chose not to. And what does that say to my heart."

Out of that very raw, honest place came another level of relationship with the Lord—that pretty much anything else shared today just comes out of that, that starting place of just honesty with God and letting Him touch that pain.

Doug: Yes.

Elizabeth: Yes. So that's a little bit about me.

Doug: I wasn't sure that we had such a thing in common. I'm not sure if we talked about that or not, because I was raised by a Southern praying momma as well. So, I know what you're talking about. And also that my mom died of cancer, and I struggled through that same thing—praying for her and then watching her go.

Elizabeth: Wow!

Doug: And that was a painful time of my life. I didn't realize we had that in common but, like you said, you used that then to turn things around and develop something with the Lord.

Elizabeth: Definitely. And it really came out of a long, long period of just exhaustion. Because when you stuff and hide pain, it's exhausting trying to maintain that. And trying to protect your own heart and protect yourself from more pain, and those who you love from more pain.

So, when my daughters were, I would say in their toddler years and up until, like I said, about 15 years ago, you know, I was the mom. I homeschooled them because I just didn't want them to experience anything that, you know, would cause that pain in their lives. They all had matching outfits, and matching hair bows, and my house was clean, most of the time, and when it wasn't, I was in a tizzy.

You know, it's just this ... I love the Lord so much. But I was just compelled to just control as much as I could around me because of my lack of honesty with the Lord. That was a huge turning point for me.

Doug: Yes. Now, that's an amazing journey.

Elizabeth: And, you know, just to make it a little more interesting. It was around the same time that I began to awaken to that pain, and then get honest about it, that Johnny began to go on a journey prophetically with the Lord, and just getting the revelation that he got about the 7 Mountains, and about ...

If people haven't heard of the 7 Mountains, there are 7 primary areas of culture that we're called to impact and bring reformation to. You know, here he was preaching, I'm sitting on the front row, you know, sermon after sermon after sermon at our home church. And all over the world hearing how good God is, and He wants to save the world. And He has his finger, meanwhile, on this very intimate place of my own heart. Where I knew—in theory—that He was good, and that He loved me, and that I matter to Him. But in my heart, in my core, I didn't believe that.

So, I'm like, "Yeah, you're going to just save the world with our love, and rescue society. But what about *my* heart?" The Lord just began to speak to me. And He said, "Do you know what? The same way that I am healing your heart from the lies that you believed about Me and about yourself, I am healing the collective hearts of cities and nations. And the same way that I am Sozo-ing, or bringing inner healing, to your perception of Me and your perception of yourself—I'm doing that on the stage of every area of culture in mass." He said, "I'm the macro God and the micro God, and I'm in both."

So, it really connected for me what God was doing—in my own heart and my own life—with this big-picture revelation that my husband was beginning to steward over. So, it has been really an amazing journey.

Doug: I love to hear the story. Like, “the Momma behind the 7 Mountain Man.” You know, this was like, wow, you got to sit there in the front row, and actually live this out and wrestle with these things.

Elizabeth: Totally. Because at one point I was, like, “I think my husband might be hearing wrong, because how could God be that good?” You know, I’ve been taught all my life that, you know, things were just going to get so bad that we would just eventually have to kind of hide away until Jesus comes back and rescues us just in the nick of time.

So, my perception of God was that He was just so far from who He really is and how the plans, the future and the hope that He has for the world ... because I couldn’t see it for my own heart, and my own life, and my own children’s lives.

Doug: Yes. Now, was there a turning point, then? You said Johnny is getting this message and then, you know, you go through this crisis. Can you remember if there was a specific turning point for you?

Elizabeth: I do. You know, it was in the middle of the night, and I think Johnny and I had been arguing. We made a point when we first got married that we would never go to bed without working through whatever, you know, was going on between the two of us. And so, we have had a lot of sleepless nights, but we’ve always worked things out, you know, worked through things.

This was one of those nights and, basically, I had gotten triggered over something, and I couldn’t see it at the moment. But we talked and talked and talked. And I just ended up, you know, in a fetal position, just totally triggered back to my childhood. And it was very clear in that, moment to Johnny and I both, that this had nothing to do with what we were trying to work through. This was, this was ...

He had stumbled across some very significant unhealed pain in my heart. And he just began to pray over me, and share things with me that he felt like God was telling him for me. I remember him telling me that, you know, even Jesus on the cross had wondered ... I believe ...

You know, we’re not trying to make a theology out of this because we don’t really know for sure. But when Jesus said, “My God, My God,” you know,

“My Father, why have You forsaken Me?” That God didn’t, like, forsake Him. He was there with Him. And He watched every moment. And He saw every single thing that Jesus went through. And definitely He took on our sin, so there was that chasm that He took on and He took care of for us. But His filter and His perception of God was off—and it was because of our sin.

I realized that my perception of God could be healed because of what Jesus did. You know, it wasn’t just for my salvation. It wasn’t just so that I could be ... experience physical healing. It wasn’t just so that He could send the Holy Spirit for me to be Spirit-filled. It was, like, to literally heal my understanding of my Father. There was more to it, but that night was very pivotal for me.

Doug: Wow! That is deep. And I know that there are people listening right now who may be identifying with different areas, you know, about your upbringing and maybe your beliefs in the Lord. But, you know, what I keep hearing ... I think it’s the theme that’s coming out with your new book ... is that God is in every season of your life. And that’s the title of your new book, right?

Elizabeth: Yes. It’s *God in Every Season*. And yes, it is. I really believe that when we understand that there are seasons and cycles with God, just like in any relationship that we have—really with anybody, but especially with somebody that we’re close to, like maybe a spouse—there are seasons that we go through. And it’s not ... Every day is not going to feel the same, it’s not going to look the same. We’re not going to relate to each other the same way.

It’s the same way in our relationship with God. He cycles us through seasons. Our soul goes through seasons with Him, and it looks different and it feels different. But it’s all Him because He’s in all of it. And He has not forsaken us, even when it feels like it. He is not distant, even when it feels like it. But it does feel like it. You know, I think as a generation, we’re learning it’s important to validate what we feel and yet not be governed by our feelings.

Doug: It reminds me actually of, you know, how God even speaks through nature. Because sometimes in our cycles of the seasons, sometimes the planets are closer to the sun and sometimes they’re further away, and that’s the same way with God.

Elizabeth: It is the same way. And I talk about that in the book, *God in Every Season*. I just saw this pattern in my own heart. And I would get so mad at myself because I’m like, “Why, you know, why do we have to go around that mountain again? Why am I ...? You know, I worked through this before, and



I thought we were good. And now here I am down about this. I'm questioning about this. I'm doubting about this.

And the Lord started speaking to me through nature. For me, that was initiated by the first prophetic word that I ever got from someone. She prophesied over me. She picked me out of a crowd and prophesied over me and said, "I see you like this tree in the wintertime. And above ground it does not like much is going on. But deep below the ground in your roots, your roots are growing, and they're going deeper into the Lord. "

She, like just in such a short moment, so clarified something for me. And it set me on this path of understanding, "Wow! I'm like a tree." And then, of course, I started thinking about the Tree of Life in the Garden of Eden, and then the tree in Revelation that Ezekiel ... no, who talks about it? I'm missing my walking concordance, Johnny, here but, anyway ...

Doug: I'm not helping you. I'm a prophet.

Elizabeth: But, you know, the tree that grows on either side of the river and its leaves never wither.

Doug: Yes, that's Revelation 22. Yes.

Elizabeth: Yes. Revelation 22. Thank you. And I started realizing that, you know, everything in God, and everything that is connected to Him, and everything that is connected to His Kingdom always only ever increases. It only increases. So, you can feel like you're stuck in a cycle, or stuck in a rut, or "Here we go around the same mountain again." But I think of it kind of like a Slinky.

You know, those Slinkies you played with when you were young? It's this spiral, but it's actually, it's moving forward. If you were to stretch it out, it's like a spring. And it's familiar in that it comes back around, but it's still advancing. It's still moving forward. Just like in life with winter, spring, summer and fall—every winter it's the start of a new year, although it's winter again.

When you understand the fact that you're in seasons with God, and that's normal. And you allow the familiarity of it to not discourage you, but to help you remember, "Oh, yeah, this is what it's like to be in this season with God. I'm not stuck here forever because I'm connected to Him. He is always only ever increasing me. He is moving me forward, and I can trust where He has me right now. If I embrace it and I don't fight it—and I don't give in to the temptations, and the lies, and the fears that come with that season—then I'll be positioned and prepared for the next season."

You know, just like the tree in Revelation, it said that it bears fruit every single month. So, the thing that is different maybe about the natural seasons than the seasons with Him, is that we can literally bear fruit even in winter. And we can bear fruit in spring, and in summer and fall. Now, I think there is an outward, tangible expression of it that is easier to see in a fall season of our soul with the Lord.

But particularly in our relationship with Him, we are constantly experiencing a fruitful place if we embrace it. And if we find Him in the unique ways that you can find Him in each season, and perceive Him correctly—and perceive yourself correctly—in it.

Doug: Yes. That's so powerful. It sounds really like it's a forming of your identity, somehow, in the midst of this.

Elizabeth: I believe it is. You know, I believe that God ... the way I've seen Him in my own life, is He's super, super, super intentional. And it's hard to see it sometimes in the moment. But when you look back, if you live long enough to look back, you realize the intentionality of God. And then you realize, "I'm made in His image, so I have the capacity within myself to also be intentional, and specifically be intentional with Him."

So, I have kind of this phrase that Johnny and I use in pretty much all of our resources that we create and when we speak. And it's our "living intentionally" phrase, or kind of our declaration, and it's really simple and it's short, but it's this. It says, "To live, to know the real Him, to make the real Him known, to learn how to love, and to learn to be loved."

So, yes, identity is, like, all in that because when we see Him correctly, when we know Him—which I think is the purpose of all of life—is to grow in the knowledge of who He is and what He is like. Habakkuk 2:14 tells us that the end of all of this—the end of all of life as we know it—will wrap up with the knowledge of the glory of God, the knowledge of how good He is filling the Earth, being accessible to every single human. So, basically, His correct reputation filling the Earth. Of course, people will still have the opportunity to choose Him or not. But if it is that way in the Earth, then how much more so in our own hearts?

So, I just love that phrase because I can start every day just reminding myself, "Okay, now, why am I here? What's today all about?" And I get my bearings that way. I kind of reorient my heart and my thinking with, "Okay, I'm here, I live to know the real Him." And then what I know of Him I can give away, and I can make known to others. And we can't separate the

knowledge of God from love. That's the most simple way to know Him and to experience Him as—He is love.

So, I'm here first to know that I'm loved because I can't give away what I don't have. And if I don't know how loved I am, how will I love others—including ourselves? And then to learn how to be loved, and sit long enough to let Him love you and to acknowledge that, and then to give that love away.

I think when we talk about reformation of society, it's really that simple. It's as simple as, you know, just showing up every day in the areas of culture that you have influence over and that you are passionate about, and asking the Father to love uniquely through you in that area of culture.

Love is practical. It's real. It shows up with solutions. It shows up with answers to problems that exist in each area of culture. So, you know, I kind of go back and forth between this personal thing of, "What season am I in? where am I with You, Lord? And, how can I be intentional and steward over that with You right now? And then, as You're pouring into me, I want to immediately find expression for that towards others."

To me, that's the Kingdom advancing.

Doug: Yes, it is.

Elizabeth: On a micro and macro scale.

Doug: Yes. You know, here's the question I get asked all the time: "How do I know what season I'm in right now?"

Elizabeth: Yes. That's an important question to ask and, you know, I don't want to sound like a commercial. But it just so happens that in my book, *God in Every Season*, I have developed a quiz. It's an assessment that helps you understand what season you're in. It's 11 questions. It's super simple but really profound, and it scores you. So, you answer the 11 questions, and then you get a score. And the score tells you if you are in winter, spring, summer or fall. It actually tells you if you're in early winter or late spring.

And then there's a short paragraph that will help you kind of confirm, "Okay, was the assessment correct?" And if that paragraph really rings true, then it just confirms that the assessment was correct, and that is the season that you're in with the Lord. I think we can easily get confused because you could be in a season of life that is different than the season of your soul with God.

Doug: Yes. Why don't you tell us a little bit more about that, about the season of your soul?

Elizabeth: Okay. So, what I mean by that is ... I'm not talking about, you know, when you're in retirement, that season of not having kids or something like that. I'm talking about the season of your soul. Your soul is that part of you, I believe, that will live forever. It's your spirit. I don't think that our spirit just gets, like, wiped clean of everything we have ever thought and experienced here on Earth.

So that is why I say soul, rather than just your spirit. Because it's your spirit, and all that it has grown through and come through in your earthly experience. And it's your personality, and it's the best parts of who you are, and what you've grown into. So, I think of our soul as where we experience and encounter God, and where we experience and encounter relationships.

So, when I talk about what season your soul is in with God, every season of your soul—it was the original title for the book, and I changed it to *God in Every Season*—but our soul is constantly cycling through these unique moments in time and history with God on our individual journeys with Him. You know, I think of like ... I go pretty deep here. You'd think I have a lot of time to think, and I guess I just do a lot of thinking when I'm driving, or washing dishes, or late at night.

I look at, like, the idea of if you could take a clock apart or a watch apart, and you see all these little gears, and one gear turns another bigger gear, which turns another gear. And I think there are seasons in the Lord Himself. I think there are seasons in the body of Christ. There are seasons in the Earth naturally, that are connected to the spiritual cycles and seasons that are available in the spirit realm. I think there are, you know, wheels within wheels.

And I wonder sometimes—I haven't gotten any revelation on this—but I wonder sometimes, if even the four living creatures that are described as having the wheels within the wheels, and they move about the Earth. Like, if there is some connection there to that.

But all of that is intricately connected to, you know—like only God can do—to each individual cycle of seasons in each individual heart. It is just this massive beautiful synchrony, synchronicity or some fancy word like that God has going on, and it's connected to Heaven as well.

Doug: Yes, this is very deep. And what you're saying, it just reminds me of some revelation that I've actually seen in Heaven—in this area of the times and seasons in Heaven—where everything is flowing and it's complicated. Like

you said, we tend to think of, “Okay, I’m in winter, you know, and then I went through a loss and grief.” But it’s not that easy. I mean, it’s not that simple, I guess, in the explanation, huh?

Elizabeth: And I think the Kingdom is just like that. You know, the Kingdom is profoundly simple, but so intricate. And I love it that it’s both. I love it that it will take us an eternity to understand that, you know, for God to unveil all that He is and how He does things. But I love it that it’s so simple that it’s winter, spring, summer and fall. You know, there is a simplicity about our ability to experience Him.

Doug: Yes. You know, I love the fact that you have a test, so you can help people, I have the book in my hand right now, and you have different things. It’s almost like declarations that you can pray over yourself, right?

Elizabeth: I do. Because I just, personally, desperately needed that. I found that as I went through inner healing from the things that I described earlier, I would still get triggered. You know, I would still every day experience things that would set me off and just take me back to childhood traumas. And I would react out of those places when, spiritually, I knew I was further along than that.

So, I went through an inner healing course. I learned about how truth statements, basically, when your brain hears your voice speak something out loud, it gives your brain another pathway of thought and options for response, rather than just reacting and being triggered.

So, I developed a lot of what I do—whether I’m counseling someone, or, like, all of our resources end up having this kind of connection to them—truth statements. We did that in several of our other resources. And this idea of giving someone, like, a practical application where you can immediately see change come.

You know, it’s one thing to believe something different and to know it in your head. But then to act out of it is a whole other thing. So that’s why I included truth statements, just to help people.

In whatever season you’re in, I have found that there are unique challenges to that season. The enemy is not creative. He comes in—in the same ways, and he likes to trip us up in the same ways. We can get ahead of that by positioning our hearts with our mouth.

Let’s say that we war and we win with our words. And we can position ourselves with our mouth by speaking truths over ourselves, and find ourselves not just reacting to things, but actually responding with actions

that back up what we believe is actually true about ourselves and about God.

Doug: Wow! You know, that's the best explanation that I've ever heard about having decrees and decreeing them. And it had backup with the research and how ... Wow, it can activate things in our brain and actually change our physiology.

Elizabeth: Definitely. Yes. I mean, science has proven it, and it's amazing. I was a little turned off to that for a while because of my background growing up, when I was little, with the Word of Faith movement. I felt for at least a little while that can't have gone too far. It's the whole "name it, claim it" thing. Like, if I say it out loud, then it's just going to magically happen. And so, I kind of threw that baby out with the bathwater.

But then when I went through an inner healing class, and they proved scientifically it really does matter what you say, what you decree, what you declare, and it changes things physically in your brain. They can do a brain scan and show new pathways of thought. So, God's so good. He provides so many on-ramps to truth when we throw it out for one reason or another. He says, "Well, let's come back around another way to that."

Doug: Yes. You know, the Bible is our guidebook, really. You know, it's everything we have. But then there are books like this that you have, that's very practical. It's like a step-by-step that will actually give you how to make these applications—especially for those who are looking for something new or maybe you felt like there's something more—and you've been trying to get a breakthrough.

I just love this book. I've opened it a few times to these areas. I do that sometimes. I just flip it open and read as it's sitting next to me. I love what you wrote at the beginning to me actually. You signed it, "Much love, Elizabeth." You said, "Doug, I will never forget the text, that you encouraged me to write this book."

Elizabeth: Totally. You know, I looked back at that text today because I wanted to remember when that was. It was almost two years ago, and you did not have a clue that I was thinking of writing a book. I had already co-authored one with Johnny. I woke up to a text from you. And you just said the Lord told you that I should write my experiences, and it was time to release a book on the revelation of love that He was giving me.

It was actually ... I don't think you even realized it at the time, but it was two books. And I knew which one had to come first, and it was this one. I have another one in the queue in my spirit that's brewing for another one. But I

love it that God would ... Well, not only did He speak that through you, but you felt like the Lord said that there was like a lost, something that was lost on my father's side of the family, that I was picking up and that ... let's see, what else did you say? Oh, and that you heard the name Charles. Well, you didn't know, but my dad's name is Charles, and his dad's name is Charles.

Doug: Wow!

Elizabeth: And so, it ... I mean, I felt just so excited that God would confirm it through someone like yourself who didn't know. and not only that, but that it was through you because Johnny and I so appreciate your prophetic voice. It's so incredibly rare in the Earth and in our generation. I know I was saying this to you earlier, but I want to say it now to your tribe as well, because I feel like I'm going to echo something that so many of their hearts probably feel.

You know, you have labored and pressed into the Lord for the perspective that you have. And prophetic is never, you know, 100 percent God. It's always filtered, and He loves to partner with us. It's filtered through our perceptions as well, and our personalities.

And you, personally, have fought really hard for that correct perspective of God in your own life. Despite, you know, different challenges you have had in your own life. And as you've held onto that, this prophetic word comes through you—over and over and over again to our generation—that is just filled with the Father's love, and with a hope-filled narrative.

You know, we who live in California know it is ... This is one of the hardest states to live in spiritually.

Doug: Yes.

Elizabeth: And there is a contending that we're doing here. And so, even just your prophetic voice coming from this coast, and you and Linda having your roots here, is really important. So, when I got a prophetic word to release this book—and I believe another one too—I just think it was significant that it was through you. It made me feel, like, just affirmed. And the big leap that we made, you know, as a family coming out here to California also. Thank you.

Doug: Wow! Wow! Wow! That was powerful. I was remembering that now, and when you get a word like that with identity. That was identity in it because that was your father's and your grandfather's name. It was like one of those where you don't really have to, you know, ask God for confirmation. You know what I'm saying. But, also, just so everyone is listening right now,

don't envy anyone like this. I got awakened by an angel at 5 a.m. or 4 a.m. in 2002 to write my first book. I mean it was an audible voice of an angel.

Elizabeth: Whoa.

Doug: And then Elizabeth here, she has a prophetic word from me with names and everything, but do you know what? Even Noah got the plans for the ark, but he still had to swing the hammer, you know? So, don't envy those who just got these words, and you're waiting to write your own book or something. You all have messages out there. You all are in different seasons. You have an identity, and God is going to do something.

Elizabeth: Absolutely.

Doug: Yes. So, all right. Well, you know, there is such a strong anointing right now. And I just want you to pray over us, Elizabeth, and activate us into what you have.

Elizabeth: Absolutely. Can I read an excerpt from the book, and then pray over them?

Doug: Absolutely.

Elizabeth: It's a couple of paragraphs. It's not very long. In the book, I have a few of my journal entries that I put in there, and this is one of the journal entries. I called it, "A Very Real War, A Very Real Love." And I feel like some of you are going to be able to relate to this. We are in a transition time on the calendar. We're coming into 2018, and by the time you listen to this, it will probably already be 2018.

It was exactly a year ago that I wrote this journal entry, and a few weeks after that is when I wrote the book, *God in Every Season*. I want to let y'all hear that, because some of you are in the hardest trials of your life right now. But did you know that, by the end of this coming year, you could have huge breakthrough if you embrace where He is and where you are with Him right now? And that is what this journal entry is about, "A Very Real War, A Very Real Love."

"The terrorist of all terrorists drops bombs when you least expect it. Your heart shreds, and the ringing in your ears makes it almost impossible to find the still small voice. The collateral damage in a very real war is seen all around, and with it the lies permeate the scene of destruction. The piercing of a thousand sirens mixed in with the choir of cries for help.



“This is the way my season began, but it will not end here. It never does, because You never change. The only one who can reverse torn lives is right in the midst. None of it surprises You or scares You away. And although I am pierced to my core, it ... this ... makes me more sure of You, more than I ever have been. All the pain and lies from many years ago fall fresh again but, like all pain, it brings with it a gift. So desperately I open pain’s plainly wrapped package, revealing a wonderful surprise: surrender, the joy of surrender.

“Oh, my soul, find strength in surrendering to this terrifying reality of how very little control I actually have. In a world full of the freedoms and choices and rights of billions of souls, each imposing their will upon the rest, I will find my steadfast in the One whose choices matter the most. The One whose choices are launched by love alone, and always hit their mark in every heart that dares to hope for more—that dares to hope for Him. I surrender to love, to love that constantly recalculates towards mercy, kindness and goodness.

“No matter the obstacles, slowdowns or twists and turns, like water that cannot be contained, Your love reaches through the cracks and crevices of every wall of doubt and evil fortress of lies rushing to the lowest places, whether beckoned or not. More relentless than any fear or torment that pursues my soul is this One, this love. Love in action, love set into motion as sure as sunrise and sunset—minutes and hours, days and months, years and generations—every single season of my soul.

“Season after season you awaken me. Season after season, deeper and deeper. Cycles of Your purposes and plans unfolding, all so that I might know You. So that I know the real You, and Your true intension towards me. Season after season, that I might know just how loved I am. Season after season, so that I might know love Himself.”

If you were able to identify with that, I just want to ...with that ... I want to pray over you:

And I just declare right now that you are hidden in Him. And there is no fear or torment that can quench the love and the future and the hope that is in this love towards you. And I thank You, God, for every person that is wrestling with you and that is overcoming. Because You have promised so much to those who overcome, who come over the obstacles, those

obstacles that tempt us to believe that You are less than You really are, and that we are less than we really are.

Father, I ask that whatever season each person's soul is in right now, whatever season your soul is in, I just declare that you are hidden in Him, and nothing can divert His gaze from being on you.

Holy Spirit, I ask that—like only You can—You would just remind them of how much they matter, how valuable they are to You, just like they are right now. And I ask that You would bring clarity and focus in whatever season that they're in, so that they can partner with You in advancing the truth of who You are in their own hearts, and partner with You in advancing the truth of who You are in the Earth, until Your correct reputation is accessible to every heart.

We love who You are to us, Father, and we love who You are to the world through us. We thank You for allowing us to lead, and to lead with love, in Jesus' name we pray. Amen.

Doug: Wow. Wow! All right. Drying the eyes right now. This is one of those where, you know ... Listen to this again, folks. There is such power. There is such a root into the Lord's intimacy and love. This is the secret place that many people have been longing for.

Many people maybe have felt that they are not worthy, or maybe they haven't understood what season they're in. Or maybe their assignment in their life or their identity. I tell you, there's something in Elizabeth's message, in her ministry, in her spirit, in who she is. I want to encourage you to follow her. How can we get hold of you and follow you?

Elizabeth: Well, Johnny and I both are on social media. If you want kind of more of the personal stuff, I have Instagram and you can ... If you read my book, you'll understand that a lot of what I talk about are things that I learned from raising our four daughters—Promise, Justice, Grace, and Glory—and actually a lot of the revelation in the book is from their names: winter Promise, spring Justice, summer Grace, and fall Glory.

So, anyway, we are a very transparent family, and we're growing and learning all the time. I'm about to do a podcast where I'm going to interview Johnny and our daughter Justice who is 23, almost 24. And she just placed top 20 in Miss California.

Doug: Wow!

Elizabeth: Yes. So, it's just a journey of, like, being a home school mom. And then, you know, super conservative and, you know, taught my kids to be modest and all that. and I have one who is on the stage in a bathing suit in a Miss California pageant. And she's not over. She may end up being Miss USA. But we try to live transparent, and just help people see how we're learning and growing and transitioning with the Lord. And not running from the world, but learning how to be in it, you know, and be all of that.

So that's on Instagram. We have Facebook, Elizabeth Enlow, and then our ministry is [Restore7.org](http://Restore7.org). We have a lot of resources on there, and you can find our podcasts on there. And there are some YouTube videos on our YouTube channel, Johnny and Elizabeth Enlow. So those are some ways you can find us. I believe the book is available on Amazon. It's also available on our website, [Restore7.org](http://Restore7.org).

Doug: And we'll have a link on our podcast, on our page, on where to find that. I just want to say, well, thank you so much, Elizabeth. Also, you and Johnny have been such, I mean ... amazing, instrumental in ways you wouldn't know, even behind the scenes. And I talk about things that have changed my life, and you guys have been part of that and befriended us during a time that was really hard. I just want to encourage you. I want to encourage everybody now. Check out what they have, get their book, pass on what you know, pay it forward. All right. God bless you all. See you soon.

Elizabeth: Thank you. God bless you!

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