



## How God Speaks through Dreams

Doug Addison [Episode 116]

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Hey friends, Doug Addison. Welcome to another *Spirit Connection* podcast.

And we've been talking about how the dreams that you have at night can reveal your life dreams. And also about how God is opening up the Books of Your Life Purpose right now, and how you can find clues into what He's called you to do. So this is gonna be an amazing time. You'll want to get a friend, especially because we're talking about dreams, you know? And dreams that you have at night. And there's these common dreams people have. But I wanna release this over you right now.

God, we pray in the name of Jesus, open up the heavens. I pray that the eyes of our heart would be enlightened that we may know the goodness for what You called us to. I pray for the opening up of dreams and visions, understanding of dreams, in Jesus' name. Amen!

Well, people are dreaming everywhere! Dreams at night. This is a season that God is speaking through dreams. And you know, dreams are one way that God speaks. Did you know that the dreams that you can have at night can have clues about your calling. Now, I found my destiny ... I mentioned this in the last episode. I actually discovered my calling, I didn't understand this, but when I was having a breakthrough of nightmares. I was having night terrors for 7 years, and at age 19 I had a breakthrough from that nightmare, and it changed my life forever. God spoke to me.

So dreams like flying, falling, running, your teeth coming loose, having a baby, showing up late. Those can reveal things. So in this episode, I'm gonna talk about the mysteries of God. How He speaks through dreams. How He can actually take a bad dream, and how you can do something with about everything that God is saying right now.

So, a negative dream, now, normally comes from the enemy. It's not God's will. But there are times that God can use a negative dream. He can point out things for you to be able to change. So, once you understand how God is speaking ... In fact, I talk about this in my book, [Understand Your Dreams Now](#). And also if you wanna go into details

on this, I've got a course called the [Dream Crash Course](#) that can walk you through where I talk about these things.

But right now, I wanna give you some quick training to really, to get you ready for what God is doing right now because He is speaking in dreams. And it's an amazing time. Plus He's opening the Books of Your Life Purpose. He's revealing things. So when you see a negative dream ... And in the last episode, in case you didn't see it, I talked about the negative dream, a nightmare I had of being chased. Of running and being chased by something evil. Then—I didn't know it at the time because I hadn't read my book yet, I hadn't understood this—but I actually could've taken that instead of just really freaking out and trying to get, you know, running away from it. Taken it and said, "Wait a minute. Why would Satan be working overtime on you having a bad dream unless there's something good for you to fulfill?" And when I say that usually unlocks destiny for people. Unlocks, "Oh my goodness, I might have something!"

So I have this thing where when you have something negative happen to you, you can flip it, and flip it good. Maybe you've heard me talk about this. But I wanna give you where I got it. It's right out of the Bible. A nightmare can be used positively. In Daniel chapter 4, King Nebuchadnezzar has a dream that was negative. It was a nightmare. It says, in fact, he was really scared. In Daniel 4:4–5, Nebuchadnezzar was home in his palace, and he was content and prosperous. And "I had a dream," he said, "that made me afraid. I was lying on my bed, and the images and visions passed through my mind terrified me." Now that's a nightmare, right? Now Daniel, a dream interpreter of the Old Testament, steps up and he interprets the dream. And also, he gives advice. And in Daniel 4:27, Daniel advised the king to repent that these things would not happen.

Now, this is where I got the concept of "flip things that are negative." Because this was a negative dream showing that King Nebuchadnezzar was gonna lose his kingdom for 7 years. Daniel though, without this being even in the dream itself, Daniel says, "If you would repent, maybe God wouldn't do it," because Daniel understood the heart of God and the Kingdom. Those are things that, you know, repentance and bringing this stuff like now, New Testament under the blood of Jesus, you can change things. And you can take the negative things and flip them around into something positive.

And so, last week I started talking about the night dreams that point toward your life dreams. And you can have a reoccurring dream. So watch for dreams that are, you know, something like for me, it was a reoccurring nightmare for 7 years. But you might have a reoccurring theme going on in your dream. Maybe you're having a flat tire, or maybe you're showing up late. Those are reoccurring dreams telling you to watch for something, you know, become aware of it. Or maybe it's something you need to change. Or maybe it's something God wants you to do. I kept having a reoccurring dream where a certain family member would show up in my dream. And it was showing that there was something from that side of my family that still needed to be fulfilled.

Now, the running or being chased dreams that I've been talking about, they can show you that there is something more. But here's one ... showing up late. Now this is a heads-up dream saying that God is bringing something, He's trying to bring something

new in your life right now, but you don't wanna miss it! And the showing-up-late dream ... I was having the showing-up-late dream just recently, and I had to go back and look and see if it was anything I missed that He had asked me to do. And sure enough, there usually is.

Maybe being in school or taking a test, those types of dreams, whether you're a student or not. Taking a test or being in school is showing that you're in a season of learning or being tested. And if you know that, then you're gonna get a heads-up. If you're being tested ... We get tested when we get promotion, before a promotion and after a promotion, you know, in the spiritual realm. But we get tested for the purposes of promotion all the time. And so it'll give you a heads-up to be careful because you know someone's probably gonna trip you up to try to get you angry, you know. A testing time is God trying to show you things in your character. It's not a pass or fail test. It's not a bad thing. It's not judgment at all. It's something that a loving father starts to do in your life. And once you recognize this, you can come into agreement with it. I watch all the time for it. And I watch that God uses these things. It's part of His nature.

And there can be nightmares, negative things in dreams. Or the positive things. How good is that? I love the dreams that are very positive. And, you know, most of my dreams are positive over negative, but don't be shocked, or don't think it's to be discouraged if you have dreams that are on the negative side because it's showing you have a higher calling. Now I had these years ago. I had to work through them. I had to work through those things of my soul that were being revealed in dreams so that I can get to the calling I'm in right now. So again, don't be discouraged by it.

There's common misunderstandings in dreams because they're symbolic, and they're not necessarily literal. Very few people dream literal (what you see is what you get). The example: Being given a million dollars can probably represent to most people that you're gonna get an extraordinary amount of favor. Money can talk about favor. Unless there might be a million dollars coming to you, but it might be in the form of favor.

Maybe getting married to someone, listen ... This doesn't necessarily mean that you're gonna marry that person. I actually had several dreams like this over time where I got married to something or someone, or I was married ... which I've been married for 24 years to my wife, Linda ... but in a dream, I got married to someone else. And I knew in the dream it wasn't, you know, it wasn't like, you know, anything sexual or anything like that. Listen. It's symbolic that God has something in common with the gifts that they have, or their calling, or that person's calling, or that person's career.

And getting [married] and having babies aren't necessarily literal. I talked about having a baby that can represent new things coming to you. So someone, listen to this one, having an affair in a dream. Doesn't necessarily mean that they literally are having an affair. Listen, all you intercessors out there who dream. I can't tell you how many pastors who are in a season. Maybe they're writing a book, and then suddenly their wife says to me, "You know what? I'm having a dream that he's having an affair." And he's sitting right there, the pastor is, and I- And he's saying I'm not having an affair! And well, are you doing something that might be taking all your time? And usually that's the case.

See, they're writing a book and the other person is feeling as though they're, you know, being pulled away from something. They might be having an affair .. I'm not saying this is a bad thing. It's just, it's pointing out things, symbolically.

What I'm trying to say is you need to look at things symbolically. Learn to get eyes to see and ears to hear, and be able to understand that dreams operate in the realm of the spirit. And so they don't always necessarily look at what they reveal on the natural realm. And so Jesus spoke in parables, very similar. He used these parabolic understandings.

So here's how your destiny can be revealed in a dream. This is the point I want to make this week. Genesis 41. Joseph cut off the plan of the enemy. And he destroyed the plan to destroy Israel. Pharaoh had a dream while he was in prison, Joseph was in prison, he was a dream interpreter. And during that time, he had interpreted some dreams for some other people, for government officials. But in Genesis 41, Pharaoh has two dreams no one could interpret. And then Joseph steps up and gives the interpretation. He says, "Do not the interpretations belong to the Lord? Tell me your dream." There was gonna be 7 years of plenty, Pharaoh's dream, and 7 years of famine. So then, what happened is Joseph revealed the plan of the enemy. He goes, that's famine coming. But I tell you, he said if you store up for 7 years, you know, people are gonna come to you for a blessing and it's gonna, you know, also his plan that he gave Pharaoh, in 24 hours he had a turnaround. He went from prison into being second in charge. And also, it saved the Israel because Israel was part of that famine that was coming to the land. And during the famine, they actually went and was saved by the fact that there was stored-up grain and stored-up food in Egypt.

So here's what I'm trying to say. You can discover your destiny. There's clues in the dreams you have at night. There's clues in the things that you desire. There's clues ... God's been leaving you clues all your life. Sometimes it takes mentoring to get there. And I had to mentor several times. I mentored with a businessman or the first ... a really powerful one. I mentored with pastors along the way. I mentored with John Paul Jackson, amazing dream interpreter. I've mentored with so many different people. You don't have to necessarily mentor one-on-one. With many of those people, you can actually be part of things like read their books, start to understand what their message is, if it's something that you're called to do.

Or I'm doing a 49-day breakthrough mentoring experience, and it's gonna be starting right away, actually. It's February 17, we're gonna leave the registration open. It's 7 weeks of interactive training group exercises. Some of them are live where you can do a Q&A. Other are delivered to you weekly. But it's an interactive, online experience that also includes our coaches and people to help you walk through things. But it's called, *Launch Your Life Purpose: Breakthrough Experience with Doug Addison*. Just go to [DougAddison.com/Launch](https://DougAddison.com/Launch). And I really hope you can be part of it because it's gonna really open things up.

And I pray right now God will open the heavens over you. I pray right now that the dreams that you've been having at night will begin to make sense. I pray for

supernatural impartation of dream interpretation, of eyes to see and ears to hear, in Jesus' name. Amen.

See you next week!

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