



**How to Pray with Power**  
**Doug Addison [Episode 151]**  
**October 21, 2020**

Hey friends, Doug Addison! Welcome to *Spirit Connection* podcast. October 21st, 2020.

I released a prophetic word for the month of October on my [Spirit Connection Episode 149](#), if you wanna check it out, or [my blog](#), DougAddison.com. But basically, it's this ... God spoke to me to put out an urgent request, a call to raise up people to pray everywhere. And we need to battle against the things that are coming against us already. This is really, a '3-cord'—being hit by the enemy with the spirit of fear, violence and also sickness. And that has been the pandemic. It's been kind of what we've been dealing with in 2020. And you can be blessed in the midst of it, like we are, but still we wanna break this thing. We don't wanna just allow this to linger any longer.

So, the Lord instructed me, and He gave me some insight into how to pray and what to pray. And I've been doing blogs and different things on it. And I just wanna encourage you. There's an anointing from Heaven being released right now. You can step into it to pray. You don't have to be an intercessor. You don't have to be a prophet. But the Lord said we need to shift the spiritual atmosphere from protest to praise. And God is raising up the watchers. Habakkuk 2:1, "I will stand at my station. I will station myself on the ramparts. I'll look to see what the Lord has to say to me." I do this each day.

So Lord, we pray right now that You would release this anointing of prayer. That You would release strategies from Heaven to overcome the evil one who is

coming against us. We pray, Lord, for those who are suffering, we pray for jobs for those who need them. We pray for the healing for those who need it. Also for the solutions for the coronavirus to come now, in Jesus' name. Amen.

Well, I wanna give you a little mini crash course in how to pray with power. I've been an intercessor for a number of years. A prophetic intercessor. But you don't have to be. But I wanna help you. Here is your assignment, if you choose to accept it. It's to pray and to come into agreement with the principles of Heaven, with God, with the Bible. Now this is like, when you find anything in the Bible where you're really heavy right now into—praying decrees. Decreeing is very powerful because we actually invoke a legal document into Heaven. When you begin to pray and decree verses in the Bible. It is a powerful move that's going on right now.

And your assignment is to come into agreement with Heaven and also with others with the same spirit. You know, maybe we could use media or, you know, cell phone texting. That's what I do. Where two or three agree together, it will be done. Three, it's even better because in Ecclesiastes 4:12 ... I'll talk about that in a minute. But these attacks that's coming right now, the Lord is calling us to pull together in prayer, however that looks, to expose the plans of the enemy. And maybe people have been hit with sickness and death with the pandemic. There's violence and protests in the street. Not all the protests are bad, but not all of them are good, either. There's a spirit in there. We need to get that spirit out that's trying to disrupt us. Keep us out of being able to get the economy started again. We need to cry out to God for repayment for all the deaths and losses. And we need to use the internet to band together and ask the Lord to move.

So, these three attacks, actually, we could stop these things because Isaiah 54:17 says that no weapon formed against you will prosper. When the enemy comes in like a flood, the Lord will raise up a standard against him. And we need to break through the attacks that's coming against us worldwide. Revelation on this is now starting to flow, and we can grab hold of it. I've been getting it. But here's how to get the breakthrough.

Ecclesiastes 4:12. This is a biblical principle. “One can be overpowered; two can defend themselves, but a cord of three strands is not easily broken.” And we need to do that. But the enemy has been using that against us. He’s been using biblical principles against us, and using that 3-cord strand, like I mentioned—fear, sickness and violence coming together.

There’s no formula when it comes to praying. You know, it depends on your gift mix, depends on your personality, the season of your life. It may vary. It may change based on what you’re going through or maybe you’re getting into different situations where you are. You know, there’s no proper prayer time or model to pray effectively. What matters is that you connect with the Lord as a relationship, and with someone on Earth because you can’t just pray to the Lord. One can be overpowered, remember? Ecclesiastes 4:12, “One will be overpowered.” So, if you’re doing it alone, you can be overpowered. “Two can defend themselves. But a cord of three strands ...” So, it’s good to really reach out to others. Every time I do, I get a big breakthrough. When I get someone else going, like on text or I let people know about it.

So, here’s how to make prayer a priority. It’s not easy. Jesus actually got up ... In Mark 1:35 it says He got up early in the morning, and He left the house and went to a solitary place while it was still dark. And then they came to look for Him. And you don’t have to get up in the morning. Maybe, like my wife, she’s a night person. I’m a morning person. I clock in, you know, I get up at 5 a.m. or so and she is on a different time. So, in order to pray effectively, it helps to understand the character of the Lord and the best time for you. God is love. And He is for you. He’s not against you. He’s not causing the bad things that’s happening on Earth right now. That’s actually the work of Satan and the rulers of darkness, but God is being blamed for it.

We need to learn a new way to pray. And most people pray ... I was doing this for years! I’d cry out my laundry list, you know ... God, I need this. We need this, you know. Bless this person. Bless that. Which is great! But we also need to spend time and listen. I call

it “listening prayer.” You know, there’s one way to cover in prayer. There’s another way to uncover the plan of the enemy. I teach my intercession team all the time. I’m always saying, “Don’t just cover us in prayer. Uncover the plan of the enemy. Do both as a combination.” So as we do this, we can take steps into praying more effectively.

And we need to get real with God, first of all. Open your heart up to Him like a person, like a father, as a friend. And create a list of Bible verses that have meaning to you that you can go back [to] later. Every time you find one, I put it into a file or a text or put it into a file and go “wow, that’s a great Bible verse,” you know, about sickness or something, you know. I just found one recently on Exodus about blessing our food and our water. You know, there’s things that you can do, right now, that God’s gonna really align you with it. So also, you can write down the prophetic words and promises that He’s given you. The ones that stand out, that maybe haven’t come to pass.

And then, be consistent. In Luke 18, Jesus told a parable about the woman, the widowed woman who just went before the judge every day. And that’s the same way that we need to do this. So, you can pray continually. I do this. I’m in a continual place of prayer. 1 Thessalonians 5:16, “Rejoice always and pray continually, giving thanks in all circumstances; for this is God’s will for you in Christ Jesus.” So, I am a continual prayer. But see, the key to continual prayer is not to complain! It’s to give thanks in all circumstances. So, I’m getting hit hard, you know, I get hit, oh my goodness, I get hit hard. But I get hit, and I just get up and give thanks. And say, “Thank You, Lord, that You’ve given me the power. Thank You for the Word. Thank You for the internet that’s connecting us right now, even though we’ve been disconnected.” That there’s things like that. So, you know, you can actually shift things around and interact with God. I use worship songs, Bible verses. I use communion on a regular basis. I do this every day. This is just me; you know, this is some ideas I’m gonna give you.

But you need to go beyond just asking for your needs to be met. And also, praying in power. There is a model Jesus gave us. It was called the Lord’s Prayer. Matthew 6:9

starts it, I use it actually. I've been taught this years ago by different people. But use it as an outline, you know? Jesus said, "Pray this way. Our Father who art in Heaven, hallowed be Thy name." See, if you don't know what to pray, pray this. "Our Father who art in Heaven, hallowed be Thy name." And just stop there. Praise Him! That's "hallowed be Thy name." Lord, I thank You!

Then the next line, "Your Kingdom come. Your will be done on Earth as it is in Heaven." That's where you invite Heaven into Earth, into your body. But Lord, I thank You that right now Your Kingdom will come on Earth—in my house, in my body, right now—bring Heaven. And you can use different verses inviting Heaven every day.

Then "Give us this day our daily bread." There you go! You can list your needs. God, we need this. We need that. You know, there's some financial blessings that needs to happen. You can list your needs.

Then the next line, "Forgive us our debts as we forgive our debtors." Or depends on what translation you use. But basically, go into repentance at this point.

"Lead us not into temptation but deliver us from the evil one." This is requesting power over Satan. So there's a quick, quick way to be able to pray whether you realize what to do or not.

You can create declaration prayers. Job 22:28 says that, "If you decree a thing, it will be established for you." Job 22:28. So, decreeing Bible verses is very powerful right now. We're moving in this time, you know, that it's more and more, that God is calling us to do this. We're interacting in the Courts of Heaven. We're using Bible verses. A lot of the worship songs now are actually decrees. And you can write your own decrees. When I was really walking through a time that I needed healed, I found some Bible verses. Psalm 103:3–5, "He who forgive your sins, and He heals all your diseases. And He satisfies your desires with things that your youth is renewed like an eagle." So, that's the

verse. Then you can decree it. Say, "Lord, I decree right now my full healing. I decree, and I request now, I ask for that energy, that my youth would be renewed like the eagle's." There's different ways you can do this. It's very powerful. But keep in mind, doesn't matter how long you pray. Doesn't matter at all. But it's getting to know God's Word and His ways. Knowing that He's not the one judging. He's not angry with you. So, being consistent is what matters, not how long. Just do it. Just do it.

So, there's a way to gain greater authority in your prayer life. And it involves going deeper in your relationship with the Lord. You know, God wants us to be like a father and son, or father and daughter. He wants us to be like that. Also, a second thing that's gonna give you a greater authority is to get rid of the things that you have in common with darkness. Now, it's a process with some people. With all of us. A lot of people are struggling with, you know, with addictions. And there's things going on in your life. Don't let that cut you off from the vine! You know, the Lord is the vine, and you are the branches. You wanna be connected in with the vine. Don't feel guilty and run away from the Lord! I did that for years. Huge mistake.

So, sometimes wounds and unhealed hurts can get in the way. So, you wanna remove the things that you have in common. Jesus said this in John 14:30. He said, "But the ruler of this world is coming, and he has found nothing in me." That's what you wanna get to that place. And then also, you can work on getting rid of the areas that the devil has a foothold according to Ephesians 4:26, "In your anger, do not sin. Do not let the sun go down on your anger while you are still angry. And do not let the devil get a foothold." So, one of the footholds that you gotta be watchin' out for is anger. And the Lord will move. And we can break these 3-cord attacks. We can raise up in prayer.

There's so much more. I just can't fit it in right now. And I wanna pray first, and then tell you about a training I have on this to help you move.

So Lord, we pray that You would activate this. Raise your right hand, I wanna deputize you right now into intercession. Anything that the Lord has given me in this area of prayer and intercession, and hearing and opening up the heavens, I pray, Lord, that You would impart, impart, impart in Jesus' name. Amen.

Well, I'm doing a masterclass called [Spiritual Warfare: How to Reveal and Remove Attacks](#). It's Saturday, October 24<sup>th</sup> actually, it's this Saturday, and it's at 10 a.m. Pacific Time. And it's only \$37. It's about an hour and a half or two hours. It's gonna be packed full of some updated prayer strategies that I use. How to really do the high-level spiritual warfare without getting hurt. How to do different things like that. [DougAddison.com/SpiritualWarfare](#). Hope you can sign up.

Follow me on social media! Facebook (theDougAddison), Instagram and Twitter (DougTAddison). And YouTube! Don't forget about YouTube (Doug Addison). I know, I have all these different handles. That's 'cause I've been around social media for so many years, I didn't realize I needed to get the same names years ago.

Anyway, I'm so excited at what God's doing. Hope to see you in the workshop. Or hope to see you next week.

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