



Tips for Staying at Peace
Doug Addison [Episode 155]
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Hey friends, welcome to *Spirit Connection*! Doug Addison here. November 18, 2020.

I've got an encouraging word and some tips for you on how to stay at peace right now in the midst of all the swirl that's going around. I wanna encourage you not to get caught up into what's going on in the spiritual atmosphere, the political atmosphere, all the atmospheres going on. But really! This is a time to align. I wanna help you. Give you some tips on how to align for this time.

You know, God is still in control. Everything is going on right now, you know, in the world. This week, I want to show you how to stay at peace in the midst of what's happening around you. And also, how I discovered perfect peace. I've been able to step into that. I want to encourage you right now because Isaiah 59:19 says, "When the enemy comes in like a flood, the Spirit of the Lord raises up a standard against him."

Lord, we just come into agreement with that, for the enemy has, indeed, come in like a flood. And we just ask, Lord, that You would raise up a new standard. We pray for the release of Your power to overcome. Lord, we pray for peace in the midst of the swirl of the storm. And we just pray right now that we come into alignment with Heaven—on Earth as it is in Heaven—because in the Earth there might be turmoil and storms, but in Heaven there's peace and there's love

and there's just a flow. So, we come into agreement right now, in Jesus' name.
Amen.

My prophetic word for the month of November is real important to keep in mind and get it in your spirit. It's Episode 153 on *Spirit Connection*. It's called, [*Infusions of Hope. Strength. Peace and Power*](#). God is releasing this. Reach out and grab that right now. I'm walking in this. I'm walking in it. You can, indeed, walk in these things and change the reality around you. And I wanna help you to get a focus on what's ahead, no matter what is happening politically or economically. God really is preparing us for this new move that's coming, and we just need to wait on it. We need to just stay encouraged.

Don't be discouraged by maybe some of the prophets have been, you know, saying things that might have turned out with the elections in a different way. Whichever way you are, or whichever side of the elections you are on in the United States, don't be discouraged by this right now. It's not easy to prophesy in the midst of a storm, and we don't always understand things. But some people have asked me, "Can I trust the prophets?" I said, "Well, you know, inaccuracy is not a sign of a false prophet. And of course, you don't want to throw the baby out with the bathwater. We need the prophets! I am one. And so yes, you can trust us right now, even though you might have heard some things that was all over the map. But God's still in charge."

Now, I wanna talk about some keys on how to thrive and not just survive. Proverbs 3:5, "Trust in the Lord with all your heart; lean not on your own understanding. In all your ways, submit to Him and He will make your paths straight." This is a major key in how to go beyond surviving and thrive. First of all, you need to know who God really is. There's two things that you need right now, is ... God is love. God is not the one causing the pandemic. He's not the one causing any confusion. You know this whole thing about whether we can trust hearing God right now. God is love! And He loves you. He's the one that is still in charge in the midst of all this.

The second thing that you need to get in your spirit is to know who you are in Christ. The first thing is to know who God really is. The second thing is to know who you are in Christ. Learn to take authority over your attacks. Let's take a look at what Jesus did during the storm. I talk about this quite a bit because it is powerful! It is in Matthew 8:23, "Then He got in His boat, and His disciples followed Him. Without warning, a furious storm came up on the lake so the waves swept over the boat. But Jesus was sleeping. (I love that! He was sleeping.) The disciples woke Him up saying, 'Lord, save us! We're gonna drown!' (It was a serious storm, you know? The boat was trying to capsize, Satan's trying to kill Him.) But Jesus gets up and He says, 'Oh, you of little faith!' And then He rebuked the winds and the waves, and it was completely calm."

So, here's the key. In the storm, you want to go beyond surviving and thriving ... is learn to rest in the storm. Don't get upset, in other words. Don't get stressed. And the second thing is learn to take authority. And I've been doing some training recently on how to do that. How to get authority. So, one of the ways to get authority over your storm ... it's found in the Word of God. The Bible is actually powerful! It's powerful in many things. But it's also like a legal document. You war before your attacks. I think it's Job 22:28—yep! It says that "If you decree a thing, it shall be done; and it will establish for you and light will shine on your ways."

So, there's a thing called *decreeing*. Decreeing Bible verses. Find some Bible verses that back up for the things that want or you need. Like, if there's things that you're going through right now, people are stressed out. Maybe you're dealing with fear. That's one of the biggest ones right now. Learn to rest in the storms. Know who God is. And find some Bible verses to back up the things that you need. I went through four years of chronic illness. I almost died a couple times. It was really rough. I am now fully healed. I'm restored. I'm back. And I was still online during that time. But in the midst of that, I was decreeing Bible verses—one of the keys to how I got through that.

So, one of the things that the enemy is hitting with right now is the spirit of fear. I've done some training and did a couple different things, actually, on how to overcome the spirit of fear. But you gotta understand is that, you know, God is love, and fear is not even mentioned as far as an aspect of God. Some people accept this, you know, like it's okay to fear, you know. But fear is a demonic force, and it will try to get you. And you need to take authority over it. And Psalm 34:4. Here was one of the verses that I used when I was decreeing my verses for fear. "I sought the Lord; He answered me, and He delivered me from all my fears." I tell you, I am a different man than I was just a few years ago.

I used to be quite fearful. I had things going on in my life because of a lot of, you know, things dealing with and Huntington's disease hit my family. I actually was diagnosed with it and got through it, and one of the few people that got through Huntington's. One of the only ones in my family that got through it completely. And I'm the last prophet standing. My sister's still alive. She's an amazing woman of faith. Prays for me all the time. But I lost a lot of family members. And so, fear got in there on me. And that was when I watched those people around me, you know, die and get sick in the midst of it. A lot of people of faith in my family.

But 1 Peter 5:7 says, "Cast your anxieties on Him, because He cares on you." So, you can cast your fear and your anxiety. Psalm 23:4, "Even though I walk through the darkest valley, I will fear no evil, for You are with me. Your rod and your staff comfort me." See, these are some powerful, powerful verses. So, we need to learn to live in the secret place. That's what I do. I live in the secret place. Psalm 91:1 says, "He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say to the Lord, 'He is my refuge. My fortress. My God in whom I trust.'" Really important, especially verse 7 in Psalm 91. "Though a thousand may fall at my side, ten thousand at your right hand, it will not come near you."

And so, I decree these verses. Back then, a few years ago, I decreed them every day. Now I'm decreeing different verses. But you can decree these things. And go back and look at things where the enemy's tried to come in. And start [to] look at those areas of attack, and then you can start using the Word of God to shore those things up. It's a process. It doesn't happen overnight. It can, if you put things into place. Maybe you already are walking in this. I'm grateful for you if you are. It's so great.

But seeing yourself as God sees you. And I want to talk about how to decree some Bible verses, especially right now. And 1 Peter 5:7 says, "Cast your anxieties on Him because He cares for you." Right now, like some people are really freaked out over the pandemic and freaked out about, you know, not working. Or maybe ... whatever it might be. People dying around you or even the political stuff.

So Lord, we cast that on You right now. According to 1 Peter 5:7, we cast every fear and anxiety on You, and ask that You would deliver us from stress. Deliver us from fear. Deliver us from these things and impart peace. Lord, we declare and decree that no matter what the statistics look like ... how many people are dying, that we know it will not come near us, in Jesus' name.

Now, you know, things might turn out differently in the midst of that. Some people might get sick. And so, people say that, "Man, what if I get sick?" Then you battle that out. You know? I'm just sayin' that there's areas that the enemy gets in that's usually an open door. It's open doors to fear and generational curses. And see, that's how I got sick for four years. I had hidden open doors I didn't know about. It was things in there that allowed the enemy to attack me legally, and I had to close them.

And so, I've been telling people that you could live in the perfect will of God. The Word of God is a perfect place. I live there. You could live there. It's called the finished work of the cross. I live in the finished work of the cross. But if you're getting attacked and your sick, then you need to take some steps to see if there's an open door in the midst of

this. So you know, if something happens and, you know, you get hit with something, just by His stripes you are healed, according to Isaiah 53:5. You just keep moving forward. The key is not to give in to the things of darkness. It's not to give in to fear. The key is to not give in to any of that.

And so, you begin to speak things by faith as though they are, even though they are not yet. When I was going through the healing of ... I've been healed of so many things. But I was going through to get healed of the symptoms, early symptoms, of Huntington's disease. Or when I got healed of Multiple Chemical Sensitivity and Lyme disease ... several things I got healed of. Even though I was still sick, I still spoke the Word of God as if I wasn't sick. Now, I kind of went into a spiritual denial on that. And you need to do this with any area of your life right now. Don't come into agreement over your finances. Don't come into agreement with the enemy trying to tell you things that are opposite.

And so, stand ... no matter what it looks like in the natural realm. So, your healing exists. Your breakthrough exists, your financial blessing, your new job. It all exists in Heaven. Now we wanna call down on Earth as it is in Heaven. We call it down right now. And we decree our full healing. We decree all of the things that God has called us to do right now. "No weapon formed against you shall prosper" is the Word of God. We believe. We trust. And we know that we walk in this place that, according to Ephesians 3:20, that God, You will give us more than we can even imagine.

So we now, Lord, we ask You to strengthen us during this time. Especially people discouraged who need that shot—that shot of hope. And that's when I got the prophetic word for this month, that you'll get it. You can step into this and get it!

So, here's some steps on how to agree in your decree. And that is Ecclesiastes 4:12 says that, "One will be overpowered; two can defend themselves. But a cord of three strands is not easily broken." So, you wanna come into agreement with other people

and step into this. God's got something for you right now. You can actually live in a "glory zone" according to [Exodus] 8, 9 and 10. The Israelites lived in a glory zone, and it was called the land of Goshen. And none of the things that happened to Egypt happened to them. So, I'm just calling right now. I wanna call you into this place of stepping into perfect peace in the midst of your storm, in Jesus' name. Amen!

Wow! Well, I'm gonna be doing a masterclass on this, actually, to help you. In fact, it's this week. It's this Saturday. It's called, [How to Be at Peace in Any Storm](#). And it's Saturday, November 21st. It's a powerful one! I hope people are grasping the depth of what we're gonna get into on this. Just go to [DougAddison.com/Peace](#). But I'm gonna talk about how to understand the new normal and how to actually create a new reality. How to stay at peace. Also, how to break the spirit of fear. And how to deal with conflicts that's within us. And also, how to release the power and to get into the perfect power of the Lord for this season. And an activation prayer, as well. I'm excited about it! Just go to [DougAddison.com/Peace](#).

And follow me on social media. And I'm excited for what's going on right now. Don't be discouraged! Don't fall into all of the confusion that's out there right now.

All right. God bless you. See you next week.

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