



Out of Your Pain and into God's Love

Doug Addison [Episode 178]

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Hey friends, Doug Addison. Welcome to *Spirit Connection* podcast! Whooo! The power's flowing, the revelation is flowing this month. It's April 28, 2021.

And that's the word I had released. This is the season of revelation and healing. And this is a time God's gonna release some revelation over you. And if you're struggling right now, if you're discouraged, get ready. I'm gonna open something up that's gonna set people free ... set *you* free. I'm so excited.

So Lord, I thank You for the anointing that breaks the yokes. I thank You, Lord, for those who are struggling right now. The Lord has a word for you that this is your season of breakthrough. The very things that have been holding you down are about to lose its power over you. The spirit of addictions and things like that are gonna fall, fall, fall during this season of healing. We just ask now for the presence to increase, Your power to increase, in Jesus' name. Amen.

Boy, I tell ya, the presence ... I released the prophetic word for the month of April, but it's also just gonna go over the next ... up until May 23rd. And so you can just check that out on my website, DougAddison.com.

Right now, I wanna just really gonna unpack behind the scenes. Tell you the stories. As you tell stories, I love this, as I tell stories or anyone, they testify. They testify, so what

happens is the anointing shows up, and the angels show up, and things like that because the word of the testimony is powerful. And so my calling, I remember a long time ago, I was struggling to find my calling. And the Lord told me when I was preparing for this week, He said, “Tell your story.” And I’m gonna release a power that helped set me free. And that’s a really important thing to understand about your story—it needs to get out there.

In 1988, I was getting off of drugs and struggling. And you know, this is a time that part of my life I call, “When I First Came to Jesus for the Third Time,” if you know what I’m sayin’. I had been in and out of the church. I had rented a room, though. I found a church and rented a room about a block away. And I started going to the First Pres’, San Mateo, California. That’s where I met Linda later on. And a lot happened at that church. In 1998 on, oh man, thanks to everybody from that area! And the Lord had led me to a Spirit-filled Presbyterian church. They were “Presby-matics.” That’s a hybrid of Charismatics. And it was exactly what I needed for that season of my life.

And I got filled with the Holy Spirit. I do remember ... 1988, I was sitting in this rented room, you know, up the street from my church. And I was praying, and I was saying, “Lord, speak to me about my calling.” And I clearly heard the internal voice, of course, of the Lord say to me, “Isaiah 61.” I didn’t even know if there was an Isaiah 61, you know? And I opened up the Bible and it said, “The Spirit of the Lord is upon me because He’s anointed me to preach the good news to the poor. He sent me to bind up the broken-hearted, to proclaim freedom to the captives, release from darkness and recovery of sight to the blind, releasing the prisoners.”

I wept so ... I think I wept six weeks. I’d been on meth previously. I was an alcoholic. I’ve been in and out of the church. And I’d struggled, I tell you. But God was speaking this to me. And I remember freaking my pastor out because I called him and said, “Hey, I’m called to preach! I got this word.” He said, “Yeah, hold on there.” So, they got me into some programs, you know? And I went through some stuff. I got some counseling

for addiction. I walked through some stuff. Eventually I met my wife, Linda, there a few years later.

But back to the 1988 thing. Here we go. I knew I had this high calling. I knew it. I knew I had a call of God on my life. But Satan was really working overtime on me. I wanna give you this prophetic word. For those of you who've been struggling with addiction, suicide, discouragement, all the different types of things. Here's the good news: Why would Satan work overtime on you unless you're a threat? Unless you have a calling in some way? It doesn't mean you have to be what I do, unless you have a calling to help others. I wanna tell you, do not give up. The Lord is moving right now. This is also for your kids and grandkids. The Lord is gonna move right now. And for me, back in 1988, the first thing I did, I started to read John Chapter 20, and I had a breakthrough. This wasn't the first thing I did.

First thing I did was, I got an understanding what God was saying to me. I started focusing on some things. But I did get a breakthrough. It was a couple years later, after I had already walked through some healing in this. And I was reading John Chapter 20. I want you to open a Bible if you have it because there's a power in this. I got this breakthrough, and I was reading what happened after Jesus was crucified, buried and He rose again. In fact, in John 20, Mary Magdalene goes to the tomb on Sunday morning. On Easter Sunday, you know, the Resurrection Sunday. But the stone in front of the tomb was rolled away, but she knelt down and looked inside, and His body was gone. And you know, He had been resurrected from the dead, but she didn't understand it. She didn't know where He was. So, she was experiencing great loss.

In fact, she's peering inside the tomb, and there's two angels in there. And they asked, "Why are you crying?" And then behind her (Walk through this with me during this, you know, this is John 20:10–16.) ... and behind her was a voice of a man she thought was the gardener, and it was actually Jesus. He had been risen again. And then Jesus speaks her name. That's when she recognized Him. She thought before that, you know,

she didn't understand. Then suddenly He says, "Mary." And her eyes were opened. You know, as I was reading this—and I tell you, this was about '91 when I was reading this about understanding these tombs when the Lord gave me this revelation—that my eyes were opened to the key to get out of rejection and pain. Because Mary, like many of you and me, who have gone through loss, and you've suffered. If you sit there and look inside the tomb of your pain, you're gonna just cry forever. It's still there. If I think about it, it's still there. I'm not healed. But you know what I mean. You can go to these tombs. You can start thinking about these losses.

And this is important. There are some key steps in this John 20 encounter. First of all, the tomb represents the pain of the past. The disciples had been there. They spent some time. You know, I think it was Peter, James and John were there. But then they went back home. But Mary stayed weeping over her loss. And she looked into the tomb, and she was focusing on her loss and her pain of the past. So the tomb represents spiritually that we can have losses of the past. It's like a death. Tomb is a place of death of the past. And, yes, there is an appropriate time of healing and grief. In fact, I had to go through that. And still today, when I go through things, you know I walked through a lot of losses and suffering even since then. And I find myself getting back in front of those tombs again. You do need to deal with it and clean things out. But there's a key here that you can't live your life in front of the pain of the past. Don't live your life in the graveyard of your tombs.

Now, notice where Jesus was. He was 180 degrees behind her. It symbolizes that yeah, deal with the past. Deal with your pain of the loss. But the Lord's gonna call you in a 180. He's gonna do something new. Don't leave this until you deal with ... or maybe it's a process that you'll have to deal with. Also, notice this, that He was a gardener. God wants to use your past experiences to cultivate your future and to help you grow up and not die. This is so important. And notice that when Jesus appeared as the gardener, it shows us that we need to focus. God's gonna help you to grow from these things. But

you can't just sit there and look at this ... the revelation that I got, was yes, I was in counseling at the time. I still stayed in some counseling. But I didn't stay there forever.

But here's the two angels in the tomb symbolizes that the Lord's sending you angels. He's sending you help. And you know, when I started to read this, I remember every painful experience I ever had. I can now see it as a gift. I doesn't mean those things were God, like the spirit of death was God. But these things, the Lord's gonna ... He's put angels with you. And by simply changing your focus and moving into 180-degree turn, the Lord is gonna do something with you.

Now notice that He spoke her name. In the midst of this, the Lord can speak your name. I remember when this happened and this revelation happened, you know, it wasn't like I heard His audible voice. But He's gonna do something to get your attention. He did with me. He spoke some things. Wasn't audible. This was not a face-to-Face encounter with the Lord, which I've never had, by the way. And people think that you have to have that. But this was a real important time. He said some things to me that only the Lord would know, and it changed my heart. And so, we need to have times, you know, to get through our painful past, and we need to get the close relationship with the Lord. And then we get the power of refocusing on a bright and better future.

And here's the discovery I made. On top of this, what's behind you, what you wanna go to is the cross *and* the resurrection. I notice a lot of churches everywhere would focus on only part of that! The transformation that is not really fully taught. Not blaming anybody because that's, again, one of the weaknesses I had to go through to get to this. Each week, you know, we're giving invitations for everyone to go to the cross, to go to the altar if you're hurting. And it's true! You wanna do that. But there's an instruction that's missed. Most people miss the fact that you stay at the cross, it can become your tomb. If you're focusing on that, you wanna bring your pain, sickness, your shortcomings. You wanna bring them to the foot of the cross. Yes! But don't stop there.

Here's the revelation: Because the cross, right after the cross came the resurrection. And people often go up for prayer and seldom be instructed to leave their time of hurt. And then you need to actually ... You don't wanna walk away too soon. You still wanna get healed. I still stayed in the process. But there is resurrection power for you every day. So, the cross of Christ is a first step to get through your pain, your rejection, all those things that's going on right now. The spirit of sickness, suicide, death, discouragement. But turn around and embrace the fullness of the resurrection. Jesus said in John 11:25, "I am the resurrection and the life." Then in Romans 8:11 Paul says, "And the Spirit who raised Jesus from the dead is living *in* you. And He who raised Jesus from the dead will also raise your mortal body through the Spirit who lives in you."

I wanna encourage you to not stay in the graveyard. Do the 180 turn. And I wanna release this over you right now. We need to get a picture of this. And as I'm doing this, I just wanna say for those who've suffered the pain, the losses of the past. I wanna prophesy once again, why would Satan work so hard on you unless you're a threat? You have a calling. Many people will open their problems up to you. You know, you help people with suicide, things like that, you know. That's a calling. In fact, I'm gonna break off this spirit of sickness, suicide and death. In Jesus' name, I call you out.

Some people right now even may wanna maybe dedicate your life for the first time, you know, to Jesus. It's very easy. Just ask, "Jesus, come into my life. Forgive me of my sins, and fill me with Your Holy Spirit." It's really that simple. But you'll want to get around people if you can. You can join us. We're an online church. You can join us if you want. DougAddison.com. InLight Connection. But there's also people here who need to rededicate to something. There's something the Lord's calling you to. And as I'm talking right now, you need to actually still deal with the tomb. But many people have been in the tomb, the graveyard, too long. It's time to get up and walk out of there and walk in resurrection power. This is a powerful time. We're in a time of healing. I wanna encourage you.

Stay tuned next week because I'm releasing a brand-new prophetic word for the month of May on *Spirit Connection* podcast.

And I want to remind you as well, you can still get my [Power Tools for Healing](#). [DougAddison.com/PowerTools](#). It's a replay of a very, very powerful healing training I did.

And also, consider giving to us. [DougAddison.com/Give](#). I mention you can become a Partner, you know, and join us if you'd like. You can give one time on there, but if you'd like to become a Partner, we have an online community. We have coaches, and we have a meeting every month that's live. We prophesy over you. [DougAddison.com/Give](#). Find out more about it, as well.

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Hey! I'm so excited. Can't wait to see you next month! It's gonna be a powerful time.

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