



Refreshment for Your Soul
Doug Addison [Episode 250]
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Hey friends, Doug Addison. Welcome to *Spirit Connection* podcast. It's September 14th, 2022. I got a word for you. It's called *Refreshment for Your Soul*. You know, the Lord is moving right now and it's in a powerful time of this year, we're going to hear the Lord in a greater level. God's going to pull things together for you and bring you into a time of refreshment. I just want to encourage you. Don't give up. Doesn't matter how it feels, how it looks. The Lord is still in command in a good way.

So, Father, we thank You for your goodness. We thank You that Your Holy Spirit is at work. We thank You, even virtually, that no matter when someone listens to this later on, or even right now whether—, no matter what the dates are, You're outside of the time ... In fact, You're the God of time and You're bringing time into order. You're bringing everything into the right time and place, and You're going to release refreshment for our souls in Jesus' name. Amen.

DougAddison.com is my website. You can check that out. Follow me on social media as well.

Well, this is a time of refreshing. And I love this verse from Psalm 84:5–6 in The Passion Translation, "How enriched are they who find their strength in the Lord; within their hearts are highways of holiness! And even when their paths wind through the dark

valley of tears, they dig deep to find pleasant pools where others find pain. He gives them a brook of blessing filled with the rain of an outpouring.”

You know, I’ve used this verse a few times. And the Lord showed me ... He said, “Bring this back out, because this is going to go right now, that’s Psalm 84:5–6 in The Passion Translation. The Lord is moving right now. Your strength is being renewed in the midst of troubles and God is opening up the highway of His power. Highway of Holiness is coming. Wow. The dark valley of tears is coming to an end.

And so the Lord is calling you right now. Dig deep for that brook of blessing. Now, if you don’t have a lot of time to do this, you could—, some people are working a lot. Yeah, I know that maybe you even have to do a couple of jobs or whatever is going on right now. You can just do it ... and just even in a few minutes. I carry my smartphone with me, and I got the Bible on it or some verses. Just do something right now for encouragement. Listen to me. [laughs] I’m an encouraging word! [laughs] You can get the [Doug Addison app](#). Just go to the App Store. You’ll find all ... Both the App Stores and carry it with you ... or something. I’m just saying right now, it’s time. It’s time to dig into the Lord into encouragement.

So, the Lord is shifting something right now. We’re going to start seeing quick answers to prayer. Isaiah 65:24, “Before they call I will answer.” Whoa! “Before they even call and while they were still speaking I will hear.” The Lord said, “You know, I’m going to send a quicker answer to prayer right now, to some past things and past issues is going on. Heaven’s going to open up a little quicker, but it might not be what you thought. He’s going to give you strategies. Not all our prayers are going to be answered, but He may tell you about some of the important ones right now. He’s having me refocus on some and others, He’s going to show you how to have fun in the midst of this time through prayer. He’s ... what?! ... He’s going to make prayer fun again (in case it never was). But He’s going to do some new things in the area of prayer.

There's strategic networks opening. John 14:16, "And I will pray that the Father will send you another helper, that He may abide with you forever." Now the helper is the Holy Spirit. Jesus said that at John 14:16. He said He's going to release angelic help as well. He's going to release a new level of the Holy—. In fact, He's doing it right now.

He's releasing a new level of the Holy Spirit. And, you know, two are better than one because they get more done, but also in agreement. So, Ecclesiastes 4:9—you want to press in as well with agreement with others. The Lord is going to bring together people to form strategic networks right now, especially for prayer—number one. But you're going to—, I'd recommend agreeing with others in prayer. Plus, it'll get you out of isolation. You can just do it over whatever. Just get out of isolation as best you can.

There's new levels of peace that are here right now. John 14:27, "Peace I leave with you ..." Jesus says, "... But my peace I give you. I do not give you the peace that the world gives." Whoo. Let that soak in for a minute. The Lord, He's saying this, "But the peace I give you is not like what the world gives. And so do not let your hearts become troubled and do not be afraid." Someone needs to put that on the refrigerator. [chuckles] John 14:27, "Do not be afraid." Let peace soak in your heart. You know, it's time to step into the peace that surpasses all understanding.

God is going to do some things. He's calling you to step up and walk through the storm. You're going to see—, you're going to see all kinds—, Man, I tell you, I've got so many verses for this, but I keep seeing the Red Sea is going to part. You know He's going to go before you in battle, He's going to do some different things like that. But the key is peace, replace fear with peace.

Ephesians 4:3, "But make every effort to keep the unity of the Spirit and the bond of peace." Peace is the key right now. I've been under some fierce attacks, but, you know, I'm not going to focus on the spirit of fear. I'm focusing on the spirit of peace. I've got to rise above that attack right now, in Jesus' name. Maybe you're dealing with some things

that just seem to keep coming back. The key is to not come into agreement with the spirit of fear. Replace it with peace and you'll start to gain greater clarity as well.

The Lord's going to do some things here. I love this verse. Haggai 2:9. Haggai 2:9 because He's shaking things open. He said, "The glory of the present house will be greater than the glory of the former house," says the Lord. 'And I will grant peace in this place,' says the Lord." So we're going to see the glory of the Lord is going to start to increase.

He's going to bring some, you know, things have been shaken. We've been seeing some stuff come down, you know. Hey, it doesn't matter. Keep moving forward because the glory of the Lord—, now, the glory of the Lord means it could be the healing power. It could be, you know, financial breakthrough, healing of your soul. That's important to get soul wounds healed right now because those tie right in with physical healing and financial blessing.

And so there's strategies from Heaven along the same lines. Haggai 2:19, I'm going to prophesy. Get Haggai 2:19. Open your spirit right now, it says, "Is there yet any seed in the barn? Until now, the vine and the fig tree or the pomegranate tree and the olive tree have not borne fruit. But from this day forward," the Lord says, 'I'm going to bless you.'" Haggai 2:19, the storehouses on Earth—. I keep saying this because it's, it's, I'm not trying to report the bad, but every time I prophesy this, you know, either we get the breakthrough or someone else comes up to me and says, "Hey, I'm glad you did talk about that because I pressed in and got a breakthrough." The storehouses on Earth have been depleted, but the storehouses in Heaven—, not all of them, you know, we have been making it through.

The Lord is going to shift things right now over you. The storehouses on Earth—not all of them have been depleted. But I tell you, the Lord is moving, and His storehouses and strategies can be, you know, are unending. It doesn't matter what it looks like on the

Earth, the Lord is about to move from Heaven. Don't listen to the reports that everything's going down right now. The Lord is going to go up in the midst of this. We have a—, I tell you, we have a revival that's coming. It's going to start with a personal revival. It's going to shift out. Oh, yeah, that's right.

God's raising up financial strategies for you. All—, there's a new level of entrepreneurial anointing is here. You know, you could be just a kid. You ever see a kid suddenly gets this strategy to—, and they make, you know, they raise thousands of dollars or something. They're only ten. That's a strategy from Heaven. You know, even if it's just helping someone. Or maybe it's a greater one, you know, that we're working on some things right now to be blessed so that we could be a blessing. And the key is to get through your stuff.

Press into the Lord right now! Philippians 3:13–14, “But one thing I do: Forgetting what is behind and straining forward for what is ahead, I press in for the goal to win the prize for which God has called me heavenwardly in Christ Jesus.” Philippians 3:13–14. But one thing I do is keep moving forward, forget what's behind, and keep pressing on right now. And as you do that, you're going to see something.

We have some kingdom work to do right now. I mean, it's time. Don't be disappointed or discouraged by—, maybe you haven't seen things happen, but it's time to get strategies from Heaven over your personal life, over cities, over businesses, over ministries, over churches, over people and step into this time of healing that we're about to experience even at a greater level. We need to get our eyes on the prize. That's the Lord and what He has for you. He's going to raise you out of the whirlwind. He's going to break off fear, He's going to—. I tell you, He's going to shift some stuff here. The Lord says trust in Him. Proverbs 3:5–6, “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

God is going to do something new out of the blue. He's going to do something outside of your current understanding. Get ready to get stretched. [laughs] That's right. I'm having to shift the way I do things, shift times I do stuff, ways I do it, places I do it. But in the midst of this, my goodness, healing is here. Healing is here. I'm very, very encouraged.

The Lord is making a way for you, but it will require you to move by faith and watch the path open before you. Watch over the next three months, especially sudden turnarounds. Proverbs 13:12 (The Message), "Unrelenting disappointment leaves you heartsick, but a sudden good break will turn things around." Who needs a sudden good break? He's going to start healing. I tell you, I just said there's refreshment for your soul. He's going to start healing your soul. And then you're going to start seeing, in the midst of it, sudden breaks. Sudden good breaks, not breakdowns, I'm talking breakthroughs. Come on, [chuckles] someone give me a virtual amen on that one.

The Lord is healing broken hearts right now. He's healing discouragement, especially for those who felt disappointed in their ability to hear His voice accurately. Or maybe you've gotten disappointed by the prophetic. But you know what? Keep moving forward. Many people have been concerned and wondering if they can trust your ability to hear the Lord. Guess what? He's going to open something new. He's going to—, just ask Him right now to speak to you, and He will do it.

Now, we're going to shift some things in prayer here in just a second. But, you know, the Lord is making a way for you to get a breakthrough and break through this cloud of obscure—, how to pray. Here's how to pray. In fact, it's my prophetic word for the month of September. And it's like the Jewish New Year word. Yeah, we are in the Jewish New Year times and during this time it's Jeremiah 6:16, "And this is what the Lord says, 'Stand at the crossroads and look ...' Whewww. [chuckles] Just stop there for a minute let's just stand at the crossroads and look.

Lord, we just pray if there's any decisions that we need to make as we're standing and looking, "... ask for the ancient paths, ask for the good way, and walk in it, and you will find rest for your souls."

You know it's time to step into joy. It's time to step into the presence of the Lord. You know, even if the storm is here, rise above. Say, "Peace, be still" to that storm and watch for the pathway to open up, especially over the next three months.

We have a call to action right now to pray over the next three months, and that's part of my prophetic word for the month of September. But the Lord's calling us to step up and pray, plus step into the supernatural level.

Lord, we pray over this word. Activate it right now for those who need the shot of encouragement, for those who need refreshment for their soul, who've been walking through that dark valley of tears, the dark night of the soul, dark night of the spirit, step forward now. "Step forward," the Lord says, "You're going to see something drop off you" in Jesus' name.

Wow. There's a call for you right now. Yeah.

You know, my team put together a school. I've been teaching, you know, all kinds of different things. I teach on, you know, hearing God, angelic encounters. I teach on dreams and visions and how to find your destiny. But we put together the [Doug Addison School of the Supernatural](#), and I'm just asking the Lord to have 1000 people to go through this because I felt like that number was good because we're going to rise up. And you can be part of it because you can take it at your own pace, but you want to sign up now while it's still here. [Doug Addison School of the Supernatural](#). And hey, it's back-to-school time and it is a supernatural encounter. [DougAddison.com/SOS](#), *School of the Supernatural*.

Also you can text to give. You know, if you want to give, go to DougAddison.com/Give and you'll find all the ways to give. But text L-O-V-E to 45888. L-O-V-E to 45888.

We're on TikTok now. Thanks to my team, we're all over the place. It's [DougTAddison on TikTok](https://DougTAddison.com). And I got all kinds of different handles because I've been doing this so long, but you'll find me out there on social media.

So, this is our 21st anniversary—InLight Connection. Oh, my gosh. We're finally an adult! [chuckles] We started our ministry 21 years ago, my wife, Linda and I. And we're celebrating right now. We've reached billions of people through the internet. We've done live meetings, trainings, outreach. And I tell you, we've got so much going on. If you want to give right now and partner with us, DougAddison.com/Celebrate to help us celebrate the 21st anniversary of InLight Connection as well.

You can become a Partner. That's people who donate any amount every month. And then we have a Partner coach ... that's almost like a home group. It's a virtual home group. And then, you know, we have Mighty Networks going and also, we have a monthly meeting. It's a live Zoom meeting with me, with the Partners. So it—, some people consider this their church, they consider me their pastor, or if you just need an extra shot of encouragement, DougAddison.com/Celebrate or /SOS for the [*School of the Supernatural*](#).

I am so excited because we are moving into the Jewish New Year and it's going to be a fun, fun season just ahead.

God bless you guys. See you next week!

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