



How to Get Ready for the New Year

Doug Addison [Episode 265]

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Hey everybody, Doug Addison here. Happy New Year! Welcome to *Spirit Connection* podcast. It's December 28th, 2022, and I tell you, I'm excited for the new year. I know the Jewish New Year started at a different time, but you know what? It doesn't matter what calendar you're on. The Lord is moving right now. He started the New Year at Rosh Hashanah, and that's officially. But He's blessing your new year because we've had a couple of months to get ready. So people are like, "What in the world are you talking about?" Hey, don't worry. What I'm about to share with you is powerful and He will open up the heavens over you. I want to encourage you to stay tuned because I'll tell you how to get 50% off of everything and some deals that we have going right now.

DougAddison.com is my website. You can follow us on social media: TheDougAddison on Facebook; DougTAddison on Instagram, Twitter, and now TikTok; and then on YouTube—Doug Addison Go to DougAddison.com and just look for the *Daily Prophetic*. You'll find it on social media, but you can [get it delivered to your email](#) box or [download my app](#) because that'll get you off all the stuff on the internet. If you want to stay connected, go to the App Store with Apple or the Google Play Store or whatever they call it, but you'll find it. Just—, it's called Doug Addison and you can get notified of things. All the *Daily Prophetic* is there, videos, everything is there. It'll keep you from getting overwhelmed.

If you need to get this time, get it now. I'm telling you that there is a download that's been going on for the last week or so. I released it on my podcast last week at Christmas and it's a timing of the Lord.

So Lord, we release the glory. We thank You, Lord, that You're releasing something new. And I ask that we come into agreement with it and we just take authority over everything that's been trying to discourage, deceive. We pray that we would just get our eyes fixed upon Jesus and walk through to the new, in the name of Jesus or Yeshua or whatever you want to call Him. He's a good guy. Thank you, Lord.

Jump into Joy is the word I got for 2023. It's about to happen. I haven't released the full word yet, but the Lord is saying right now, the key to preparing for the new year is found in joy and hope, no matter how it looks like, no matter what it feels like, no matter what might be going on around you, the Lord is still in charge. He's still on His throne and He's still with you. The Lord says this—, (You need to know this. Been going through a hard time?) He goes, "I will never leave you or forsake you," says the Lord. It's the Word of God, actually. He has not forgotten you.

The joy of the Lord is your strength. Nehemiah 8:10, "Do not grieve, ..." (The Lord is removing grieving right now) "... but the joy of the Lord is your strength." And I tell you, my team, my family will tell you I stay in the joy as much as I can. You know, I stay in the joy of the Lord to worship. By the way, I'll be taking communion at the end. So, get your communion ready because we're going to break through to the new year.

So, it's time to change things right now. The Lord says, "I'm going to actually change everything in a way that's going to shift, but it's going to be a subtle shift underneath the surface of things." And the joy of the Lord will be released over you and strength will start to set in. Yeah, you ever see sickness set in? How about strength setting in, how about joy setting in? I'm telling you, how about healing setting in? The Lord—,

[chuckles] I'm seeing this, I'm prophesying what I'm seeing in the spiritual realm. And so, as you begin to break through the negative atmosphere There's a negative atmosphere out there right now and the Lord is giving you permission to do things different, to step into joy. His promises are here.

The Lord's bringing some major and awesome changes. The shift is here. Let me just say it ... the shift is here. I'll say it a third time. The shift is here. You know, we're shifting into ... from surviving to thriving. I'll say that again. We're shifting from surviving to thriving. And as you start to do this, you'll get some more traction. Next year, you'll begin to align with the Word of God with some aspects of the Lord, like taking communion. You know, worshiping the Lord, praying with others because, you know, we need to come into agreement. There's just some small things that you can do that will shift the atmosphere.

So, letting go of the old is a key. So, as we're moving out of the old, the Lord is going to show you as we're moving into the new. The Lord is going to show you, I'm kinda staggering almost here because the wave of the Lord just hit me. As we're moving into the new, He's going to break you out of some old things and that's okay. Some of us need it.

I saw Him lifting and removing depression. I saw Him lifting and removing sickness, despair, death, anxiety. I saw Him removing ... that's just a few things. But I saw Him installing in this His love and joy and His hope, you know, and the—. Wow, I'm just watching this. "There's a new season here," says the Lord. This is not the end of the world, hello. This is not the end of the world. Do not believe that God, you know, has forgotten you or He's just—.

I'm not saying that Jesus is not returning, because He's going to return. But right now, there's some things we need to do. We got some fun promises to be fulfilled first, but we still have some work to do. Yeah, it's going to be fun. We've got some work to do. And

the authority is going to be released. You know, that's going to be some new fun—. We're going to start working together and God is actually going ahead of you right now. He's going to bring some spiritual gifts, promotions. He's going to increase healing and authority. That's why I've been seeing healing over myself. I've been praying. I haven't gone out and done any, you know, like healing meetings or anything. But I've been praying over my podcasts, even. And I've been hearing people that are getting healed. So begin to pray over yourselves. There's an alignment you can do, especially in prayer and intercession. The Lord's going to move in a new way.

He's releasing new power over the enemy, over the things that have overcome you in the past. He's going to start bringing a breakthrough power. I've walked through this in different areas in my life, throughout my life. And don't be discouraged. You know, people have stuff. Just move forward, be humble, move forward. Repent, renounce and break ... move forward. I keep hearing the Lord, He just said, "Be humble, move forward."

And don't be falsely humble. You know what that is? That's where you sit in your place by yourself. You ain't gonna go anywhere because, you know, that's a false humility when you just pull back for the wrong reasons. Now, humbling yourself is not like that.

So, I'm going to give you an example. Isaiah 61:2–3 is this year we need "To proclaim the year of the Lord's favor, the day of vengeance, and to comfort all those who mourn." And also, verse three, "To provide for those who grieve in Zion and to bestow on them a crown of beauty instead of ashes, they will have oil of joy instead of mourning, they will have a garment of praise instead of a spirit of despair."

This is what I'm talking about. Isaiah 61. The Lord's going to take those negative things that would be almost like if you just sat back and say, "Oh, I'm in despair, I'm in mourning. I'm in all this stuff. I'm just going to, I'm just going to sit here and pray and fast." The Lord is saying, "Uh-uh, I want you to pray and fast, yeah, but I want you to do

it with joy. I want you to do it with Isaiah 61, with the oil of gladness, the oil of joy.” Instead of mourning, He’s going to release the crown of beauty. He’s going to show you the beauty of the Lord. He’s going to start to heal you of the things that have been robbing you—false things, I’m just saying.

He’s doing a healing right now, even while I’m talking. The Lord is going to turn things around. He’s going to turn your mourning into joy and praises. He’s going to turn despair into the joy and praise. He’s going to renew your hope. I am not kidding you. I’ve gotten this. I’ve had to do this.

He’s releasing new songs. I’ve been singing songs in my spirit. You know, some of them are new songs that the Lord makes up for me. Others are songs I know, but the new is here for sure. The new is here. Isaiah 43:18–19 (the new is here), “Forget the former things; do not dwell on the past. See, I am doing a new thing!” The Lord is saying this right now. Let go of the past. Forget about the past. Move forward because the new things are here.

Also, and as you move forward, realize this, that you’re going to be dying to some old things. You’re going to be birthing new things. Don’t freak out over this verse. This is Ecclesiastes 3:1–2, “To everything there is a season, and to every time a purpose under heaven: there’s a time to be born and a time to die.” The Lord is declaring Ecclesiastes 3:1–2 right now. He’s declaring it over you. A new season, a new purpose. Birthing something new, dying to something old. How good is that? We could camp out on that forever. That’s so good.

So, as you die to old things, the Lord’s going to meet you with joyous birth. That’s what you have to do. That’s what I was saying. Don’t just sit in your house or your place and die to yourself. Get out and get some joy to fill that. You know, the Lord is going to do some things. Here’s some practical steps on how to fulfill this. Find some Bible verses and to pray over them and combine them with listening to uplifting music, some worship

music, and consider taking communion on a daily basis. I got my communion here, by the way. We're going to do communion here in a moment. And I take communion every day, sometimes more than once, because the Lord started showing me, you know, I got hit with something when we were popping vitamin C or whatever, we were ... we were doing some different things. He goes, "Why don't you just try doing communion like that?" And I do. I, sometimes I'll just do communion, I'll just start popping communion. I pray over it and ask the Lord to manifest His presence, His power. And I ask Him to do a "turn the water to wine" miracle over me or whoever I went to pray for and to take communion. So find some Bible verses that you can use. I'm going to have a couple of them here for you.

And fast from negativity. Fast from negativity. If you want to learn how to fast, start with doing something, take a fast from the Lord. I don't care. Do one week, two weeks, three weeks and say, "Lord, help me as I walk through this to fast from negative thoughts and negative talk, negative thoughts and negative talk." And usually it helps to get someone with you because that way you remind each other, "Hey, by the way, we're fasting negativity right now."

But you want to replace that with "bless and do not curse." These are the words of Jesus. I didn't make this up. He's the one who was doing this. And as you do that—, it was a secret to most of the things that I've been able to get healed of ... that, communion, parking myself in the places of prayer. And, you know, there's some things that you can do. And as you do this, you're going to accelerate into the new year. Remember, that's what this is about. Happy New Year! We're going to see something new happen. Some of it will be quick, others might be over time. But the Lord is going to do something new.

Here's some Bible verses that you can pray and decree and consider praying. I use the —, decreeing means that you could just, you know, you don't have to use the full Bible verse, you know, word for word and the address. But you don't want to change the

meaning. You can worship over the Bible verse and do things. That's what we did with decreeing. A lot of the new worship songs you'll hear coming out right now are in a decree form. And it's okay, I'm not saying to change the Word of God, but in case you don't know what a decree is: I take a Bible verse. Let's see, how about Jeremiah 31:13? The Lord says, "I will turn their mourning into gladness; and I will give them comfort and joy instead of sorrow." Now I'm almost saying this in a low voice, [softly] "I will turn their mourning into gladness." No! [loud voice] "Hey, the Lord is going to turn my mourning into gladness! He's going to give me comfort and joy instead of sorrow!" And then you can ... if you want to decree it, you can say, "Lord, I know that this is something from me, that I actually take authority right now over sorrow. I take authority right now."

Or maybe you know someone that can be able to speak things into your life. [laughs] I know I just caused someone to startle there. You know, as you do it, do it with joy. You want to fast with joy, fast from negativity with joy. Replace your despair with worship songs, you know that you've got to do that. You've got to replace this with something. That's what the Word of God will help you to do.

So, here's what I want you to do. Get your communion out because the Lord is going to break something open for you. And in case you don't have communion, come back later and listen to this. But here, I got mine.

So, Lord, we just thank You for the body and the blood of Jesus. We thank you, Lord, that You died on the cross and that You rose from the dead ..."

And if anyone needs to receive Jesus right now. This is a time to move on into that. Or to get rededicated to Him. All we have to do is say, "Lord, we—, just come into my life. We pray that you would forgive me of my sins. Cleanse me. Purify me. Fill me with the Holy Spirit in Jesus' name." It's that easy. Or rededicate. Rededicate to what the Lord's doing. Rededicate to stepping forward.

Right now, we say, “Yes, Lord” to this new time, we have the body and the blood of Jesus. We take that. It’s not only for the remission of our sins. It’s for our healing. You know, there’s—, it’s to turn your mourning into gladness, your comfort and joy instead of sorrow. Yeah. Thank you, Lord.

[chuckles] I almost yelled “yahoo” here.

We want to replace the things that the enemy is trying to steal. You know, he’s trying to steal your joy. He’s trying to bring the despair. Keep your eyes on the Lord. He has not forgotten you.

And so, Happy New Year!

Hey, I said this, “stay tuned,” because right at the end, I will tell you how to get the 50% off of all my stuff and my books. It’s going on right now.

But first, I want to talk about the [Break Out Blessing](#). There’s three things I want you to catch here. I’ve been saying this for a while. Don’t tune me out. We need a breakthrough! And maybe you do, too. Linda and I have sown so much. We’re in our 27th year of marriage. InLight Connection, it’s been 21 years, and we’ve been blessing people all over the world. We need to break out. To break out of our old season, a seven-year assignment we’ve been in, here in Los Angeles and Hollywood. We’ve sown and sown and sown. And so, if you give this way—, there’s a couple of ways to give. One is go to DougAddison.com/BreakOut.

Or, if you don’t want to get the Break Out bundle that we’re going to give you for donating *anything* and the financial breakthrough bundle for free. If you don’t want to do that, then just go to my website, DougAddison.com/Give and you can become a Partner. So there’s a couple of ways. The [Break Out Blessing](#), you go there, you’ll see it. You give any amount, we’ll give you one of my two-hour trainings on how to break out of

your financial situation. \$100 or more, we'll give you the full Break Out Package: my book, *Flip your Financial Future*, etc. We need help there.

Also, here's the Christmas sale. But I've got one more thing ... it's gonna come because my team's put together a package of three of my favorite trainings.

But the Christmas sale, 50% off of everything that we have December 21st through January 2nd. Just go to DougAddison.com/Christmas, we'll show you how to do that. It's everything ... 50% off of everything—my online training, books. We'll work it out with you.

And the other thing is my team put together, this is not a Break Out, but this is *How to Hear God*. You know, I've been training people on how to hear God, so it's a *How to Hear God* package. [Go to DougAddison.com/Hear23](https://DougAddison.com/Hear23). Now we're doing this because we want you to break through to be able to hear the Lord. This is 6 hours of trainings, it's three of my two-hour online workshops. *How to Transform your Bible into a Prophetic Road Map, How to Grow and Develop Prophetic Wisdom, How to Discern God's Voice*. You can hear! You can hear and know the difference between the enemy, yourself and other voices—this is part of this package. Normally \$111 ... \$49.

I tell you, it's going to be a fun season.

I'm excited for what the Lord is doing.

Happy New Year! See you next year.

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