



**Renewing Your Strength**  
**Doug Addison [Episode 269]**  
**January 25, 2023**

Hey everybody, Doug Addison here. *Spirit Connection* podcast for January 25th, 2023, and it's called "Renewing Your Strength." You know, I have a word this week and my message. You know, I don't have a proper microphone. I was a bit rushed in getting this message set up, but I felt it was important because I just came home yesterday from a ten ... over ten-day, but about just about a ten-day fasting-and-prayer and personal ministry where our home office is, Santa Maria, California. And I was up there. And so anyway, I came home, and I felt the power, still, from that.

And we're just going to declare that this prophetic word and it's a prophetic act. This is a prophetic sign that you don't have to have everything together. You don't have to be perfect. The Lord is going to give you a breakthrough. He's going to give us a breakthrough, and He's going to work everything together for good for those who love Him.

So, Lord, we praise You, we honor You, we give You glory. We ask that You would move in the midst of the storm. Bless the mess. [chuckles] (He'll do that.) Oh, we thank You and we pray for just the—, no matter what times this is done. This is a—, You're outside of time, Lord, the true Yeshua, the true Father, Son, Holy Spirit, the true Spirit of Truth. You created time. So, we just want to come into agreement, especially when

people listen to this later, that they could just come into agreement in the name of the true Yeshua, in Jesus' name. Amen.

Anyway, DougAddison.com is my website and I have the social media setup, you know, a bunch of it. TheDougAddison on Facebook; and then on Instagram, Twitter and now TikTok is DougTAddison; then on YouTube is Doug Addison. But you can [get the Doug Addison app](#). I highly recommend it because you can just stay updated and it kind of—, will keep you off of some of the—, some of the weird stuff on the internet if you want, you know, because you can deliver everything right away and find out when I'm broadcasting. I do the *Spirit Connection* podcast. I also have the blog and the *Daily Prophetic Word* will be delivered on there, but #DailyProphetic. So just go to the Apple App Store, look for Doug Addison. Also, the Google Play, it's there.

Boy, I tell you, there's a powerful, powerful anointing right now. And you know, I just reached out to my team, and I said, "Man, I'm under warfare and I don't have my mic." And we just felt like it was just time to record this podcast today, right when I came home from this time of prayer and fasting. And there's breakthrough here, so there's a word of encouragement and instruction.

First of all, you know, the Lord is going to reveal and give us a strategy to get out of gridlock. Many people like me, like Linda and I, we have felt locked down right now. I don't know if you've felt that—but not able to move forward, not able to get out of your current situation. But the Lord has a plan to break us out of the old season and break us into the new. It's a "break out" [of] the gridlock, break off the strongholds and release the new. He has a plan for this, and I want to come into agreement with that.

But first of all, here's what I got as I was praying over this podcast today. I recorded this ahead of time. But the Lord knows the timing of it, that there's new strength here from the Lord. Second Chronicles 16:9, "The eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him." Wow. The Lord is releasing

new strength for us, you know, 2 Chronicles 16:9. He's going to bring the strengthening of your heart. He's going to strengthen those who are weary, heavy laden. You know that verse, He says, "Come to me, those who are weary and laden, and I will give you rest." He's going to give us peace in the storms.

We're in the storms. We are, or I'm in a storm. In fact, last week, [my podcast last week](#), I actually talked more about what we've been walking through, and we did a repentance time. Check that out if you need the breakthrough ... or this time we're going to still do something similar. And at the end, by the way, this time I have the communion. [chuckles] So, we're going to do a breakthrough here. I believe something is breaking through. Big!

So, the Lord also said, "New understanding and renewing your mind is here." Isaiah 55:8–9, "For my thoughts are not your thoughts, declares the Lord. Neither are my ways your ways. As high as the heavens are higher than the earth, so my ways are higher than your ways, and my thoughts are not your thoughts." Isaiah 55:8–9. You know, I may have misunderstood that previously. You know, there was times—, the Lord is giving me understanding right now, and you as well. He's going to give you understanding. He's going to renew your mind. He's going to use the Scriptures. The Lord is releasing new understanding into the attacks that we've been facing. Many people have, including myself, have been attacked in our minds, in our thoughts, health, finances, emotions, to name a few.

The Lord is going to renew your mind and your thoughts. You're going to move into a time to become more peaceful, in alignment with His Word, with the Bible, with the Scriptures. It's going to come alive right now. So, He's going to bring you into a greater understanding into the Bible, and He's taking away the cloudiness and bringing new clarity.

Now, another thing I got is there's a new power to pray. First Thessalonians 5:16–18 the apostle Paul says, "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." So, the Lord's going to bring you to a new level in prayer. And that verse, He's going to do some things. Rejoice. Here's the secret to it. I've been talking a little bit about this previously. Rejoice always, pray continually, give thanks in all circumstances. You know, that's how you speak peace in your storm.

He's going to bring you to a new level of prayer. You know, I've been teaching and speaking on this over the past podcasts, and it's been a while now. I just have felt that the Lord's doing something new right now in this area. And I tell you, a breakthrough is at hand, and we need to press in a little longer. But that's okay.

You know what? Be encouraged because the Lord's going to increase your trust right now. That's been important. There's been a big hit in the trust area. Proverbs 3:5–6 helps you understand this. And it's going to be a good decreeing verse for you for this week or this month. "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

You know, this is a special time that the Lord is going to reveal His heart to you. And it's a time also that you just need to trust, lean not on your own understanding and timing. You know, release things to the Lord, give it to Him, and He's going to make your paths straight. When I recorded this, I felt like, *man, that's what I'm walking through right now is ... I don't understand this, but I trust You, Lord, and I submit this to You. Wow. We're gonna—, there's some more happening. There's a breakthrough here for you. You know, we've got to bring it all to the Lord ... is what He says, "Bring it to the Lord."*

Even as I recorded this this week, you know, my shirt was all wrinkled and my hair wasn't exactly, you know, there is order to my hair, but my hair is all over the place. But it doesn't matter anymore. I don't have the microphone set up or anything like that. And

you know what? The Lord is here. It's His perfect timing, His circumstances. You know, I believe—, again, this is a prophetic word right now.

It's a prophetic act for us to get the breakthrough. "There's a breakthrough at hand," says the Lord. So, right now, here's how you get it is ... I talked about this last week, but I do this right now. It's repentance and rejoicing in the storm, singing in the storm. So right now, last week's, you know, if you go through this last week, I'll give you the greater teaching on how to get your breakthrough, you know, and how to hear the Lord. But it was a "jump-start your time of hearing the Lord" and I repented deep. Well, I want to repent right now.

Lord, I repent, I renounce, and I break anything I've done, or I have in common with this message, the attacks that are coming against us and me, the plan to hear You. You know the plan to hear You and to break out of the old season and to break through to the new. Also, I repent, renounce and break anything, including things I've done knowingly or unknowingly. Prayers I may have prayed accidentally, including soul ties, including generational curses all the way back. Yeah. I pray right now that the Lord—, I repent deep. I humble myself and ask that You would lift me up, lift up my ministry, lift up my wife. Lift up. Yeah. Linda and I, InLight Connection as we've been walking through this time. But I repent deep.

Lord, I pray that this would break off the curses that have been coming against us. There's been a lot of stuff happening and break off the things that's causing us to get into this gridlock situation, kind of. Just break off the things that are causing You to not move right now to release me and us. And maybe it's knowingly or unknowingly. I humble myself, Lord, and before the true Jesus Christ, the true Jesus of Nazareth. I send this now to the true Throne of Grace. I repent, renounce and break, in the name of Jesus.

Wow. Now, here I'm going to go into this time ... I've got communion here. But you know, I got the word of the Lord will come to me like this. But then also there's times when the songs will come. And one of the things I felt like it would be good to pray right now is the Proverbs 3, the one I just said, I'm going to go back to it. Proverbs 3:5–6, "Trust in the Lord with all your heart, lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." That's a powerful one.

Also, communion, if you can take it. I'll do it, you know, as needed. [laughs] Sometimes more. I do it as needed. There's permission just to take communion as much as you need it, you know? And so, I just take the body of Jesus Christ, the true Yeshua of Nazareth, and the blood of Jesus, the true Jesus Christ. For the healing of my body, for the healing of my soul, for the healing of my spirit. And, also, because today we need healing of our technology. [chuckles] You know, we have things that interfaces with technology, technological interfaces. I repent, Lord, deeply. And now I just really had this song ... really came into my spirit this past week, and I've been praying it, but I just moved in ... just as the apostle Paul said, He says that—pray always—and, you know, stay in this place of prayer.

I started this out with this second point here. First Thessalonians 5:16–17 is a key right now. First Thessalonians 5:16–18, basically, "Rejoice always," says the Lord. The apostle Paul says this, but he was speaking. "Rejoice always, pray continually and give thanks in all circumstances; for this is God's will for you." You want to know God's will? He said rejoice in the storm right now. Speak peace to the storm.

Lord, I just have picked up on this song in the spirit that—, and forgive me if I'm off-key or anything, but I just align this with the true Throne of Grace. It's going to bring some healing over me. It's going to set us free.

[singing] Lord, I repent. I repent deeply, Lord, I repent deeply, Lord. I repent deeply, Lord. I repent. Glory, hallelujah. I repent deeply, Lord. I repent deeply, Lord. I repent deeply, Lord. I repent with all of my heart. I repent deeply, Lord. I repent deeply, Lord. I repent.

I tell you the Lord is moving.

I repent, renounce and break anything that's holding us back, Lord, for holding me back, anything causing strongholds and gridlock, causing You not to move and release us right now. [laughs] Wahoo! Thank you, Lord.

All right, well, DougAddison.com [chuckles] is my website, and right now we have a special offer. It's amazing. It's 49 days to change your life. It's a seven-week online and live interaction through—, [chuckles] man, I'm kind of, uh ... feeling that.

[DougAddison.com/Solutions](https://DougAddison.com/Solutions) in case I forget to say it. But, you know, if you need a financial breakthrough, it's a seven-week, interactive course. I do some of it. My team's doing some of it. Most of it is prerecorded. No, actually, not most of it. I deliver one a week of a prerecorded message of mine on how to get a financial breakthrough. These are seven weeks of training videos.

Then you'll go on to a website. It's a private website where my team is there, and the coaches, they're all trained by me. Man, they're good, and they interact with you because you have a workbook that you can print out. I'll do five mentoring calls. We're going to have five mentoring calls. These are, actually, not calls, these are Zoom meetings. We have five of them. Two of them I'm going to do and three with the InLight Connection Team. So, I'll be doing those to answer your questions and release the glory over you. Plus, we have bonuses to get you going, in addition, you know, additional. This is not—, I do one small section of how to get out of debt. This is how to change the financial situation around you, you know, and shift things over you. And I just repent and —, I'm just going to do this right now.

Lord, I repent, renounce and break anything that—, over this message, over this course, over anything I'm offering, saying the prayer, the bloodline repentance prayer I've been using. And now, also, thank You, Lord.

Just go to [DougAddison.com/Solutions](https://DougAddison.com/Solutions). Now, normally it's about \$500 because, you know, we have a lot of people in there and helping you and doing some live stuff. But we're going to—, we're running it for \$197 or two payments of \$99. You'll want to go to [DougAddison.com/Solutions](https://DougAddison.com/Solutions). It is a good thing.

Also, I have the Breakout Blessing still going. Maybe you've already given to it, and you want to just give an offering to help us break out of this—, Linda and I, we just need a breakthrough to get out of it. We've got to break out of the old season where we are and break into the new. It's [DougAddison.com/BreakOut](https://DougAddison.com/BreakOut) and you'll go there, and you can see some things that we offer. It's different. Now, we're offering a financial package in there, but it's way different. If you want to take it on steroids, I'd recommend (if you have the financial, the Breakout Blessing offer that's there) ... If you want to take it to the next level, then get that. Donate any amount or \$100 or more at [DougAddison.com/BreakOut](https://DougAddison.com/BreakOut). You'll get the jump-starting classes, so to speak, or you can go right to the 49 days of financial ... it's called [Kingdom Financial Solutions](https://DougAddison.com/KingdomFinancialSolutions).

Anyway, oh I'm so grateful for all of you. I'm grateful to the Lord, and we'll see you next week.

Be encouraged!

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